

# Welcome to the New Hampshire Air National Guard



157<sup>th</sup> Air Refueling Wing  
Pease Air National Guard Base  
Newington, New Hampshire

<http://www.157arw.ang.af.mil/>

Welcome Package Information  
Base Relocation information

# Welcome To Pease Air National Guard Base

The 157<sup>th</sup> ARW welcomes you to Pease Air National Guard Base and the New Hampshire seacoast area. We hope you will use this brochure to acquaint yourself with our organization and personnel during your visit. It provides you general information about the unit along with a list of key personnel.

For those who are unfamiliar with the National Guard, it is the oldest service in America's armed forces. It was initially established as the Colonial Organized Militia to protect the colonies against Indians, pirates and armed forces from France, Holland and Spain. The first call to national active duty came from the first Continental Congress during the American Revolution. Since then, we have played a major role in every war and conflict, integrating fully into the active duty forces.



We are the only military institution with a state and federal mission as mandated by the constitution. We must be prepared to answer the Governor's call to duty within four hours of notification. When we are not supporting federal or state missions, we continue to help our community in a variety of activities. We are dedicated citizen-soldiers, ready to serve and defend our communities, state, and country.

We sincerely hope your visit will be a pleasant and rewarding one. If I can be of any assistance during your visit, please contact me at 603-430-3320 or on my cell phone at 978-884-7998.

A handwritten signature in black ink that reads "Paul Hutchinson".

**PAUL HUTCHINSON, COL, NHANG  
Commander**



**"We are New Hampshire's citizen soldiers and airmen.  
When disaster strikes New Hampshire, we mobilize. When our nation is threatened, we respond.  
Citizen Service is our greatest passion. Always Ready. Always There."**



# NEW HAMPSHIRE AIR NATIONAL GUARD

HEADQUARTERS 157TH AIR REFUELING WING  
PEASE AIR NATIONAL GUARD BASE, NEW HAMPSHIRE

12 Aug 10

MEMORANDUM FOR: 64 ARS Incoming Members

FROM: 64 ARS/CC

SUBJECT: Welcome

1. Congratulations on being assigned to the 64 Air Refueling Squadron, a historic Total Force Integration (TFI) unit based at Pease Air National Guard Base, New Hampshire. The activation of the 64 ARS, on 2 Oct 09, was the first of many signposts providing positive proof that Air Mobility Command and Air National Guard collaborative efforts will succeed magnificently.
2. In partner with two of the best wings in the Air Force, the 157 Air Refueling Wing here and the 22 Air Refueling Wing at McConnell AFB, KS, we are enabled to establish a partnership that allows the 64 ARS to gain increased mission effectiveness by partnering with the NHANG.
3. This unit's success is dependent on your devotion to CHARACTER – COMMUNITY – COMMITMENT. CHARACTER references the AF core value of INTEGRITY and is the cornerstone to everything we do and will do. We all must be above reproach in regards to our actions and relationships. There is no place in the 64 ARS for those whose actions compromise the mission or put another Airman at risk. COMMUNITY is about establishing a unit that is interwoven in the cultures of Portsmouth and the NHANG without sacrificing what makes the Active Duty unique. COMMITMENT dovetails into the AF core values of SERVICE BEFORE SELF and EXCELLENCE IN ALL WE DO. Leaders will lead and supervisors will supervise but it will take everyone's full COMMITMENT for the 64 ARS to accomplish our mission while building the best Airmen in the AF. You must balance your COMMITMENT to unit and individual success with your spiritual/physical/mental health. Allow leadership an opportunity to succeed as well by letting us know immediately if something or someone is compromising your ability to maintain CHARACTER – COMMUNITY – COMMITMENT.
4. For many of us, this may be the first time you have worked together in an operations/maintenance/support combined squadron. Your leadership is fully committed to finding solutions to any/all challenges that may arise due to this exclusive paring of our cultures within the dynamics of a TFI unit.
5. Thank you for your time and service to this nation, the Air Force, and this unit.

CHRISTOPHER D. LEIST, Lt Col, USAF  
Commander, 64 ARS

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## Getting to Pease

Pease ANGB is located on New Hampshire's seacoast which is less than an hour north of Boston, MA and an hour south of Portland, ME. Portsmouth and the seacoast are easily accessible and I am sure that you will enjoy your PCS move to Pease! With tax-free shopping, restaurants, art galleries, historic homes, and more you'll be ready to stretch your legs and discover why Portsmouth was named New Hampshire's Best Walking City and one of the top 100 most walkable cities in the nation.

If traveling by car, I-95 and US Route 1 provide convenient access from the south and north, and NH Route 101 provides access from the west.

If traveling by boat, navigate our waterways from the east. Marinas for docking are available in Portsmouth, New Castle, Newington and Hampton, NH as well as Kittery, ME.

If traveling by air, Logan International Airport in Boston (BOS) serves as the hub of New England. Once you arrive, hop on a C & J bus, with daily scheduled service departing nearly every hour. Or call ahead for a private coach, limousine or taxi (search under "Transportation" in our Chamber Business Directory for more information).

To travel to/from the city of Boston or Logan airport you can use the C & J bus terminal located on the Pease International Tradeport. C & J picks up at various locations at Logan Airport and also at North Station in Boston. C & J is the second largest provider of intercity bus transportation in Northern New England serving five destinations with over 30 daily departures from the New Hampshire Seacoast, and Newburyport to Logan Airport and Boston, Massachusetts. (<http://www.ridecj.com>) (C & J tickets are available at the Portsmouth Naval Shipyard MWR/ITT at a discounted price.)

Manchester-Boston Regional Airport (MHT) is located 45 miles west of Portsmouth and offers a convenient schedule of non-stop and direct service from major US cities. Manchester also offers free bus service to and from Boston and Woburn, MA. ([www.flymanchester.com](http://www.flymanchester.com))

The Portsmouth International Airport at Pease also provides general aviation services for private aircraft and charters.

For those traveling by train, Amtrak services are available from Boston and Portland to Exeter and Dover. (<http://www.amtrakdowneaster.com/>)

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## Approximate travel times to the Seacoast:

Boston, Massachusetts, Portland, Maine and Manchester, New Hampshire are each only a 1 hour drive away

Hartford, Connecticut - approximately 2.5 hours away

Burlington, Vermont - approximately 3 hours drive

New York City - approximately 5 hours away

Montreal, Canada - about 5 hours to the north

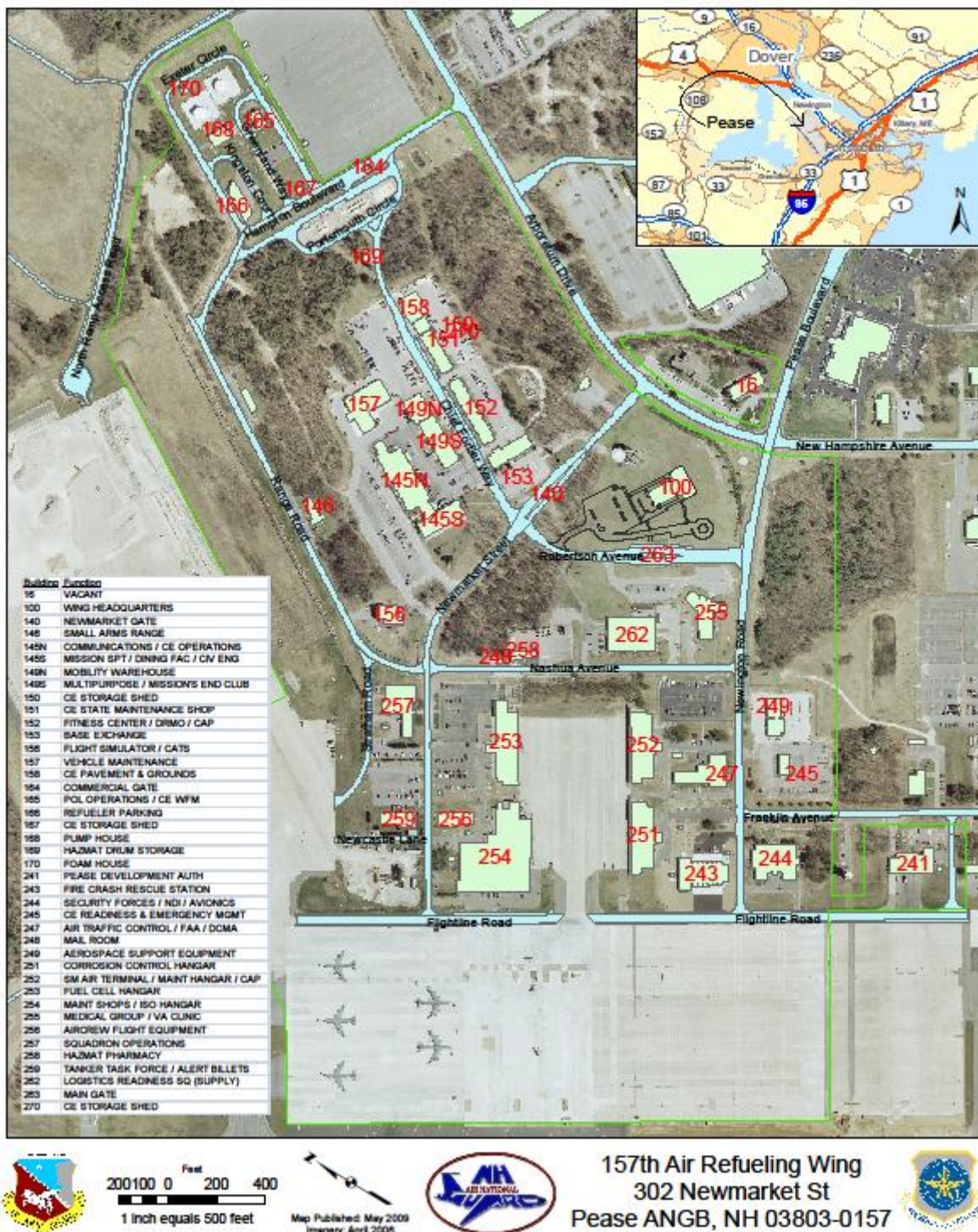
Quebec, Canada - 6.5 hours away

Map showing seacoast area from Hanscom AFB to Pease ANGB.





# Pease Air National Guard Base



## **Pre – Arrival Information and Numbers:**

### **Temporary Quarters:**

According to JFTR Chapter 5 Part H U5710, TIME LIMITATIONS: TLE reimbursement is limited to: 10 days for a PCS to a CONUS PDS (a member may split the days among old CONUS PDS, new CONUS PDS, and designated place in CONUS). A member starts receiving their BAH upon sign-in to the unit. For the first 10 days you collect BAH, Per Diem and, upon filing a second travel voucher, Cost of Lodging reimbursement. For the remainder time that you spend in TLE you only receive your BAH. For clarification please contact an Air Force Finance Office.

## **Pease Air National Guard Base Pre-Arrival Information**

### **Pease General Delivery Post Office Information**

Our local "Contract Postal Unit" here on the Pease Tradeport is willing to set up an option for our incoming members to have their mail forwarded on a temporary basis. If a member would like to have their mail forwarded to the area, they are to mail a note to Allison Wells at the address below to notify her that they would be using the General Delivery option being offered at the Pease CPU (Contract Postal Unit) located on the tradeport:

Alison Wells  
% Pease CPU  
14 Manchester Square, Suite 170  
Portsmouth, NH 03801

Once they let her know that they will be using the "General Delivery Option" - they can use the following address to forward their mail. (The "General Deliver" is available immediately - letting Alison know is just so that she is aware of the members using this option!)

### **Pease General Delivery Mailing Address**

THEIR NAME  
General Delivery  
% Pease CPU  
14 Manchester Square, Suite 170  
Portsmouth, NH 03801

### **Portsmouth Naval Shipyard Temporary Lodging:**

Call: Navy Gateway Inn & Suites – (207)-438-1513



## **Portsmouth Naval Shipyard Housing Application:**

If you are hoping to obtain military housing at the Portsmouth Naval Shipyard Housing, you are eligible to fill out your application to have your name placed on the waiting list once you have received your PCS orders to Pease. Go to:

<http://www.housing.navy.mil/onestop/> - and follow the following steps

Go to "one stop" "start here"

Click on the state of Maine (ME)

Choose NSY Portsmouth (Portsmouth Naval Shipyard)

Once at the PSNY Housing site, in the upper left corner you can go to military housing. From there you will find the application and all the info you should need to sign up and get on the waiting list for housing.

Or go to community housing for off base options.

Call the Housing Office at 207-438-2732 for additional assistance.

**Please note:** Hanscom AFB is approximately 65 miles from Pease Air National Guard Base, Newington, NH. Temporary lodging or housing may not be convenient for you at Hanscom AFB, but if you are interested here is the information.

## **Hanscom Air Force Base Temporary Quarters:**

Have you made temporary Lodging arrangements at your new duty assignment, if needed?

### **Temporary Lodging – Hanscom Inn**

Persons in PCS In status are authorized 30 days in Temporary Lodging Facilities. Reservations can be made by calling the Hanscom Inn at (781) 377-2112 or DSN 478-2112. Reservation requests can be faxed to (781) 377-4961 or DSN 478-4961. Reservations can also be made via the Internet address listed below. No orders needed. Make sure you confirm them a week before you depart your current location. Base Lodging is your after-hours check in point.

### **Commercial Options for Temporary Lodging**

For additional hotels besides those listed below go to: <http://hotelsatperdiem.com/>

## **Hotel Resources Offering Per Diem Rates - Portsmouth, NH:**

**Per Diem Rates -Portsmouth, Rockingham County, NH:** (To verify current rates go to: <http://www.defensetravel.dod.mil/perdiem/perdiemrates.html>

October 1 through June 30, - Maximum for Lodging \$103 (2010 rates)

July 1 through September 30 - Maximum for Lodging \$134 (2010 rates)

Meals and Incidental Expenses (M&IE) \$56 (2010 rates)

M&IE First and Last day \$34 (2010 rates)

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## Locations with Kitchenettes:

Best Western Wynwood Hotel & Suites  
580 US Highway 1 Bypass  
Portsmouth, NH 03801  
Phone: (603) 436-7600  
Toll-free: (800) 780-7234  
Fax: (603) 436-7600  
Web site:  
<http://www.wynwoodportsmouth.com/>

Homewood Suites by Hilton -  
Portsmouth  
100 Portsmouth Boulevard  
Portsmouth, NH 03801  
Phone: (603) 427-5400  
Toll-free: 800-225-5466  
Fax: 603-427-5410  
Web site:  
<http://homewoodsuites1.hilton.com/>

The Port Inn  
505 US Highway 1 Bypass  
Portsmouth, NH 03801  
Phone: (603) 436-4378  
Toll-free: (800) 228-7678  
Fax: (603) 436-4378  
Web site: <http://www.theportinn.com/>  
\*Kitchens available in studio units only

Hampton Inn  
99 Durgin Lane  
Portsmouth, NH 03801  
Phone: (603) 431-6111  
Toll-free: (800) 426-7866  
Fax: (603) 431-6222  
Web site: <http://www.hamptoninn.com/>  
\*Hospitality Suite – Full Kitchen/Dining  
Table – Free of Charge

Wrens Nest Village Inn  
3548 Lafayette Road  
Portsmouth, NH 03801  
Phone: (603) 436-2481  
Toll-free: (888) 755-9013  
Fax: (603) 436-6782  
Web site: <http://www.wrensnestinn.com/>  
\*Kitchens available in the studio  
efficiency, as well as one and two  
bedroom cottages

## Locations with Mini Fridge and Microwave:

### Anchorage Inns & Suites

417 Woodbury Avenue  
Portsmouth, NH 03801  
Phone: (603) 431-8111  
Toll-free: (800) 370-8111  
Fax: (603) 431-4443  
Web site: <http://anchorageinns.com/>

### Comfort Inn at Yoken

1190 Lafayette Road  
Portsmouth, NH 03801  
Phone: (603) 433-3338  
Toll-free: (800) 552-8484  
Fax: (603) 431-1639  
Web site: <http://www.comfortinn.com/>

### Courtyard by Marriott

1000 Market Street  
Portsmouth, NH 03801  
Phone: (603) 436-2121  
Toll-free: (800) 321-2211  
Fax: (603) 430-7666  
Web site: <http://www.marriott.com/>

### Fairfield Inn by Marriott

650 Borthwick Avenue  
Portsmouth, NH 03801  
Phone: (603) 436-6363

Toll-free: (800) 627-7468

Fax: (603) 436-1621

Web site: <http://www.marriott.com/>

### Hilton Garden Inn

100 High Street  
Portsmouth, NH 03801  
Phone: (603) 431-7259  
Toll-free: 877-782-9444  
Fax: 603-431-1477  
Web site:  
<http://www.hiltongardeninn.com/>

### Holiday Inn Portsmouth

300 Woodbury Avenue  
Portsmouth, NH 03801  
Toll-free: 800-465-4329  
Fax: 603-431-2065  
Web site: <http://www.holidayinn.com/>

### Sheraton Harborside Portsmouth Hotel

250 Market Street  
Portsmouth, NH 03801  
Phone: (603) 431-2300  
Toll-free: (888) 627-7138  
Fax: (603) 431-7805  
Web site:  
<http://www.starwoodhotels.com/>

## House Hunting

To begin your search to locate permanent housing (to rent or own), the Automated Housing Referral Network (AHRN.com) may be a great place to begin your search. The website is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military members and their families.

- <https://www.ahrn.com/index.php>

To use the website you must first register. Click "military member" and select Naval Shipyard Portsmouth to obtain housing near Pease Air National Guard Base and the Portsmouth Naval Shipyard.

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## History of the New Hampshire Air National Guard

The New Hampshire Air National Guard is a dual status organization, that is, it is what the Constitution calls “the organized militia” under state control, and it is also a ready reserve unit of the United States Air Force. Our history and battle honors are, therefore, traced to both our militia roots and our Air Force roots. Our militia history begins in 1679 when New Hampshire became a royal colony of Great Britain. From that time until the American Revolution, New Hampshire militiamen were among the most active participants in the defense of the colonies from attacks by Britain’s long-time enemy, France, or by local indigenous tribes. From April 1775 to the end of the War for Independence, New Hampshire provided a higher percentage of its militia-eligible population to the war effort than any other state. That included some of the war’s most effective leaders such as Brigadier General John Stark, the hero of Bunker Hill and the Battle of Bennington. Throughout the history of the new nation, New Hampshire militia (renamed the National Guard in 1879) responded to state emergencies and threats to the nation such as floods, ice storms, labor strife, and wars both on this continent and in foreign lands. It is during the biggest of these wars, World War II, that the Air Force heritage of the Air Component of the New Hampshire National Guard had its start. The 157<sup>th</sup> Air Refueling Wing and the 133<sup>rd</sup> Air Refueling Squadron are the New Hampshire Air National Guard’s core operational unit designations. Both units trace their histories back to Army Air Force units that were constituted early in 1942 and served in the China-Burma-India Theater of operations. The 157<sup>th</sup> Air Refueling Wing traces its lineage back to the 311<sup>th</sup> Bombardment Group (Light) which was first constituted on 28 January 1942 and, by war’s end, had earned four campaign streamers: American Theater, India-Burma, China Defensive and China Offensive.

The New Hampshire Air National Guard received federal recognition on 14 April 1947. It flew, in succession, the P-47D Thunderbolt, F-51H Mustang, F-94 A/B Starfighter, and F-86L Sabrejet in the air defense mission until 1960 when the unit began the airlift mission with the C-97A Stratofreighter. After converting to the C-124A Globemaster then the C-130A Hercules, the unit entered the refueling era in 1975 with the KC-135A/E/R Stratotanker. Originally stationed at Grenier Field in Manchester, NH, the unit moved to Pease AFB in Portsmouth in 1966. The 157<sup>th</sup> was activated for the Korean War in 1951, then the Berlin Crisis in 1961. Starting in 1975, it stood SAC alert, 24/7, for 17 years and participated in every major military operation of the 1990’s and continues to be very active during this first decade of the 21<sup>st</sup> Century. For nearly twenty years, its participation in real-world Air Force operations has come in the form of Airbridge, Tanker Task Force and Noble Eagle operations from Pease ANG Base, deployments to Southwest Asia and to European countries, and participation in Air Expeditionary Force rotations (at times, all three concurrently). During the same period, the unit has mobilized personnel for several state emergencies including two major floods in NH, two ice storms, the Hurricane Katrina disaster and border operations in the Southwest United States.



## **New Hampshire Air National Guard Mission Statements**

**Federal Mission:** *Staff, equip and train combat flying and combat support units to augment the Air Force.* The Air National Guard's federal mission is to maintain well-trained, well-equipped units available for prompt mobilization during war and provide assistance during national emergencies (such as natural disaster or civil disturbances). During peacetime, the combat ready units and support units are assigned to most Air Force major commands to carry out missions compatible with training, mobilization readiness, humanitarian and contingency operations such as Operation Enduring Freedom in Afghanistan. Air National Guard units may be activated in a number of ways as prescribed by public law. Most of the laws may be found in Title 10 of the U.S. Code.

The Air National Guard provides almost half of the Air Force's tactical airlift support, combat communications functions, aero medical evacuations and aerial refueling. In addition, the Air National Guard has total responsibility for air defense of the entire United States.

*Examples of this include air refueling airlift, Tanker Task Force, higher HQ support, base security, base support, day-to-day training, and operations such as "Joint Forge" -- "Joint Endeavor" -- "Restore Hope" Silver Flag and Air Expeditionary Forces.*

**State Mission:** Provide units trained and equipped to protect life and property and to preserve peace, order and public safety. When Air National Guard units are not mobilized or under federal control, they report to the governor of their respective state, territory (Puerto Rico, Guam, Virgin Islands) or the commanding general of the District of Columbia National Guard. Each of the 54 National Guard organizations is supervised by the adjutant general of the state or territory. Under state law, the Air National Guard provides protection of life, property and preserves peace, order and public safety. These missions are accomplished through emergency relief support during natural disasters such as floods, earthquakes and forest fires; search and rescue operations; support to civil defense authorities; maintenance of vital public services and counterdrug operations.

*Members are trained and equipped to support the Governor in emergency situations such as providing disaster relief from the mini twister which struck the stratham fair grounds, crowd control during motorcycle weekend in Laconia, and law enforcement during the demonstrations at the Seabrook nuclear power station while under construction.*

**Community Mission:** *To participate in local, state, and national programs that add value to the community.* Facilities and services are provided by the New Hampshire Air National Guard to support community activities. Our members individually and collectively participate in local government, church, Scouts, youth activities, and events such as Special Olympics, United Way's Day of Caring, and Camp Pride upgrades.

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**Our Vision:** Citizen soldiers building the nation's most respected Air National Guard unit -- serving America, New Hampshire and community ... in partnership with family and employer.

## **Phone Directory**

Important PCS Inbound numbers:

### **Personal Property Processing Offices for In-bound Members:**

Call Chelmsford, MA - 781-377-7627

### **Exception Family Member Programs:**

#### **Portsmouth Naval Shipyard POC's:**

Julie Hilt 207-438-2774

HM1 Gray 207-438-2450

#### **Hanscom Air Force Base POC:**

SRA Rivera – 781-377-9832

**Portsmouth Naval Shipyard Housing Office:** 207-438-2732

## **Pease Air National Guard Base Telephone Numbers**

### **Base Locator:**

1-603-430-3291

### **Base Exchange:**

1-603-430-0302

### **ID Cards:**

1-603-430-3514

### **Base Education & Training:**

1-603-430-3521/3518

### **Clinic:**

1-603-430-2340

### **Airman and Family Readiness Program**

603-430-3545/Cell – 603-828-3892

### **Chaplain**

603-430-3456

### **Family Program Emergency Hotline**

1-800-472-0328

### **Finance:**

1-603-430-3400

### **Legal:**

1-603-430-2758

### **Pass &**

### **Registration:**

1-603-430-2605

### **Recruiting:**

1-603-430-2798

### **TriCare:**

1-888-999-5195

### **Public Affairs**

1-603-430-3577

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## Hanscom Air Force Base

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Air Force Aid Society	781-377-4222
Air Force Audit Agency	781-377-5214
AF Office Special Investigations	781-377-4605
Airman and Family Readiness Ctr	781-377-4222
Airman Leadership School	781-377-5297
<b>Ambulance (Base)</b>	<b>9-911</b>
<b>Ambulance (Housing)</b>	<b>911</b>
American Eagle Property Management	781-861-5062
Property Maintenance	781-861-1471
Auto Hobby Shop	781-377-2612
Band of Liberty	781-377-2263
Base Exchange (BX)	781-862-0580
Base Info Transfer Ctr (BITC)	781-377-2751
Base Locator	781-377-5111
Organizations	781-377-4441
Beauty Shop	781-274-8195
Bedford High School	781-275-1700
Before & After School Program	781-377-2858
Billeting Reservations	781-377-2112 1-888-AFLODGE
Bowling Center	781-377-2237
Cable TV in Housing (Comcast)	781-862-6585 800-266-2278
Chapel	781-377-3538
Child Development Center	781-377-7166
Civilian Pay	781-377-5174
Civilian EAP	617-565-2652
Appt's at Hanscom	800-222-0364
Civilian Wellness Program	781-377-8467
Class VI Store	781-377-7020
Clinic Services	888-NAVYMED
Immunizations	781-377-3531
Pharmacy	781-377-3101
Refills	781-377-1522
Club Catering	781-377-9694
Command Post	781-377-5144
Commissary	781-377-4210
Commuter Management Program	781-377-2904
Computer Help Desk (Base)	781-377-4357
Credit Union	781-274-6335

Customer Service (Military)	781-377-2276
Del-Jen Customer Service	781-377-3383
Dental Appointments (Clinic)	781-377-2465
DITY Move (Weigh Station-Billerica)	800-244-6050
Dorm Management	781-377-8230
Dry Cleaners	781-274-8581
Education Center	781-377-3120
Environmental Center	781-377-2904
Bio-Environmental Health	781-377-2181
Family Camp	781-377-4670
Family Home Child Care	781-377-1695
Family Services	781-377-4222
Finance	781-377-2297
<b>FIRE REPORTING (BASE)</b>	<b>9-911</b>
<b>FIRE REPORTING (HOUSING)</b>	<b>911</b>
Fitness Center	781-377-3639
Fourth Cliff Reservations	800-468-9547
Local Line	781-837-9269
Gas Station	781-377-5155
Golf Course	781-687-2396
Ground Safety Manager	781-377-5912
Hanscom Middle School (4-8)	781-274-7720
Hanscom Primary School (K-3)	781-274-7721
Hansconian	781-377-5191
Health & Wellness Center	781-377-6560
Help Desk (Computers)	781-377-4357
Honor Guard	781-377-4850
Household Goods (Inbound)	781-377-7627
(Inbound in Chelmsford)	781-377-7611
(Outbound on Base)	781-377-5330
Housing Management Office	781-377-4590
Housing Referral Office	781-377-4590
Info, Tickets & Tours (ITT)	781-377-3262
Inspector General	781-377-1608
Installation Commander	781-377-2301
Jewelry	Call the BX
Labor Relations	781-377-4570
Legal Office	781-377-2361
Claims	781-377-3272
Library	781-377-2177
Life Skills Support Center	781-377-4791
Medical Appointments	
Health Net	888-NAVYMED
St. Elizabeth Health Care/Brighton Marine	781-377-4740
Military Clothing Sales	Call the BX, x4
Military Pay/Travel Pay	781-377-2297

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Minuteman Club	781-377-3799
MPF Customer Service	781-377-2276/7
Mortuary Affairs	781-377-2798
Movie Theatre	781-377-7940
MSS Orderly Room	781-377-8875
Multimedia Center (Photo Lab)	781-377-2155
Non-Appropriated Funds (NAF)	781-377-3946
Optical Shop	781-274-0718
Optometry Clinic	781-377-4030
Outbound Assignments	781-377-6121
Outdoor Recreation	781-377-5316
ID Cards, In-Processing	781-377-2276/3814
Pass & Registration	781-377-3814
Pharmacy (Clinic)	781-377-3101
Refills	781-377-1522
Pizza/Sub Shop	781-274-0133
Pool	781-377-2455
Post Office	781-377-2242
Postal Service Center	781-377-4069
General Delivery, Dorm PO Boxes	
Preschool	781-377-7166
Protocol Office	781-377-5151
Public Affairs	781-377-5191
Readiness Office (CE)	781-377-4923
Recycling	781-377-4272
Red Cross Central Office	617-375-0700
Retirements/Separations	781-377-2248
Retirees Activities Office (RAO)	781-377-2476
Travel Office (Official) AirTrak	781-377-2511
Safety Office	781-377-5135
St. Elizabeth Health Care	781-377-4740
<b>SECURITY POLICE DESK</b>	<b>781-377-2314</b>
<b>EMERGENCY (BASE)</b>	<b>9-911</b>
<b>EMERGENCY (HOUSING)</b>	<b>911</b>
Separations	781-377-2248
Services	781-377-3901
Service Station Store	781-377-5155
Shoppette	781-377-7020
Straight Talk	781-377-3732
(Commander's Hotline)	
Swimming Pool	781-377-2455
Telephone Trouble Desk	781-377-5050
Telephone Service in Housing (Verizon)	800-870-9999
Theater	781-377-5200
Thrift Shop	781-274-8079
Tickets & Tours	781-377-3262

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Transportation Incentive Program	781-377-2904
Trash Pickup (Bulk)/Bldgs	781-377-3383
U.S. Post Office	781-377-2242
USO	617-720-4949
Veterinary Clinic	781-377-3266
Video Teleconferencing	781-377-8658
Visitors Center	781-377-4260
Weather Hotline	781-377-2653 <b>781-377-COLD</b>
Youth Center	781-377-3739
ESC/CC	781-377-5102
66 ABW	781-377-2301
653 ELSW	781-377-2771
653 ELSG	781-377-6378
853 ELSG	781-377-4953
350 ELSW	781-266-9120
350 ELSG	781-266-9162
850 ELSG	781-266-0302
950 ELSG	781-266-1002
551 ELSW	781-377-9865
551 ELSG	781-377-5517
751 ELSG	781-377-6759
851 ELSG	781-377-9621
951 ELSG	781-377-9549
554 ELSW	781-377-5238

**Hanscom AFB Temporary Lodging Facilities.** Reservations can be made by calling the Hanscom Inn at (781) 377-2112 or DSN 478-2112.

#### **Hanscom Air Force Base Housing Application:**

##### **Family Housing – The Landings at Hanscom**

(781) 861-5062 To apply for housing go to:

<http://hanscom.pinnaclefamilyhousing.com/incoming/documents.aspx>

Once Housing Application is completed please fax to 781-274-7717 along with a copy of your orders.

##### **Hanscom Post Office:**

Hanscom General Delivery Information: (DSN 478-4069, or (781)377-4069).

Call between 11 a.m. – 1 p.m. and 4-6 p.m.). E-mail arrangements through:

[hanscom.infoservices@hanscom.af.mil](mailto:hanscom.infoservices@hanscom.af.mil) General Delivery Mail, 75 Grenier St., Box 8888, Hanscom AFB, MA 01731

#### **Portsmouth Naval Shipyard Telephone Directory** (Add Area Code (207) to each number – for DSN Dial 684-XXXX)

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**EMERGENCY PHONE NUMBERS**

**OFF BASE----- Dial 911**  
Kittery Police 439-1638

**ON BASE**

**EMERGENCY 438-2333**

**AMBULANCE 438-2555**

**FIRE 438-2333**

**POLICE 438-2444**  
American Red Cross NH (603) 766-5440  
American Red Cross ME 874-1192  
American Red Cross Armed Forces  
Emergency Communications 1-877-272-7337  
Command Duty Officer 451-3528  
Shipyard Duty Officer 451-3405  
Shipyard Duty Petty Officer 451-3404  
NH Help Line 1-800-852-3388  
York County Crisis Hotline 1-888-568-1112  
Poison Control Center 1-800-343-2722  
FFSC Social Worker 438-1363  
Navy Medical Social Worker 438-1693  
Chaplain 438-1970  
Sexual Assault Report (pager) 877-677-3189  
Sexual Assault Support Svs 888-747-7070  
York Hospital 351-2170  
Portsmouth Hospital 603-433-4042  
Southern ME. Medical Center 283-7100

**FREQUENTLY CALLED NUMBERS**

Auto Passes/Decals 438-2235  
Base Operating Support 438-1112  
Combined Bachelor Quarters 438-1513  
Command Career Counselor 438-1046  
DEERS 1-800-538-9552  
GMH 439-5052  
Household Goods JPPSO 438-2808  
Housing Referral Office 438-2732  
ID Cards 438-2640  
Legal Assistance (NASB) 921-2355  
Navy Exchange 438-2341  
Navy Lodge 438-1513  
Navy-Marine Corps Relief Soc. 438-1832  
PSD Customer Service (NASB) 921-2551  
Retired Affairs Office (RAO) 438-1868  
Security Dispatch 438-2230  
Veterinarian Clinic (NASB) 725-8450

**CHILD CARE:**

Child Development Center 438-2083  
Child and Youth Program (CYP) 438-2114

**COMMISSARY:**

Information 439-5532 438-4848

**FOOD SERVICES:**

Dockside Café 438-2219  
Jo Jo's 438-5114  
Tirante Tavern 438-2269  
Bill's Snack Bar 439-7191  
XTreme Bar and Grill 438-2404

**EMPLOYMENT:**

HRO Civil Service 438-2698/2878  
MWR 438-2447  
NEX 438-2341/439-3024

**DENTAL:**

Appointments 438-1802  
Tricare Dental Program 1-800-866-8499  
Tricare Retiree Dental 1-888-838-8737

**NAVY MEDICAL CLINIC:**

Appointments 1-888-NAVY-MED  
Duty Office 438-4940  
Exceptional Family Member  
Program Coordinator 438-2450  
Medical Records 438-1799  
Navy Medical Social Worker 438-1693  
Primary Care 438-1781  
TRICARE North 877-874-2273  
TRICARE Representative 438-2774  
Pharmacy 438-2582

**RECREATION/ENTERTAINMENT:**

Auto Skills Center 438-2981  
Barber Shop 438-3884  
Bowling Center 438-2404  
Fitness Center 438-4261/2286  
Gear Rental 438-1514  
Liberty Port 438-4188  
Liberty Program 438-2712  
Tickets and Tours (ITT) 438-2713  
Relief Valve 438-2769/2713  
Wood Hobby Shop 438-1820

## **Airmen and Family Assistance Programs at Military Facilities**

1. **Pease Air National Guard Base** – Airman and Family Readiness Office – Wing Family Program Coordinator (WFPC).

### ***Airman and Family Readiness Office***

Bonnie Rice,

Telephone: Commercial: (603)-430-3545 DSN: 852-3545; and Cell phone: (603)-828-3892. Email: [bonnie.rice@ang.af.mil](mailto:bonnie.rice@ang.af.mil)

302 Newmarket Street, Bldg. 16

Pease ANGB, NH 03803-0157

- Full Time WFPC
- Information and Referral Service
- Robust Reunion and Reintegration Program
- Deployment Support
- Monthly Deployed Family Gathering
- MWR, Events,
- Discounts & Benefits
- Operation Military Kids Team Member
- Red Cross Emergency Services Team Member to assist with Armed Forces Emergency Contact (Service to the Armed Forces)
- Relocation Support
- Financial Assistance and Personal Financial Management

## **2. Portsmouth Naval Shipyard Fleet and Family Services**

### ***Fleet and Family Support***

Commercial: (207)-438-1835 DSN: 684-1835

Portsmouth Naval Shipyard

Kittery, ME 03904

All services are free, confidential, and located at PNSY unless otherwise indicated.

- Transitional Assistance Program (TAP). Held at Pease Air National
- Guard Base
- Information and Referral services
- Relocation Support
- Family Employment Resources
- Counseling for individuals, couples, and families
- Life Skills Education classes
- Sexual Assault Victim Intervention
- Crisis Intervention
- Family Advocacy Program
- Personal Financial Management
- Ombudsman Program
- Lending Locker

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#### **4. Hanscom Air Force Base – Airman and Family Readiness Center**

##### ***Airman and Family Readiness Center***

Building 1218, 20 Kirtland Street

(781) 377- 4222

FAX: (781) 377-8239

Monday - Friday, 0730-1630

<http://www.hanscom.af.mil/66abw/afrc/index.asp>

##### **RELOCATION ASSISTANCE**

In & Outbound Assistance

Sponsor Training/Packages

Newcomers T Orientation

Smooth Move Seminars

Family Welcome

Moving with Kids

Installation Commander's Welcome

##### **EMPLOYMENT/TRANSITION**

##### **ASSISTANCE**

Finding Federal (Gov't) Jobs

Career Assessment

Resume/Interviewing Skills

Salary Negotiation

Job Search Assistance

Spouse Employment

TAP Seminar/Job Fairs

##### **FAMILY SERVICES**

Playgroup

\*Free STRIPES

\*Layettes

Loan Locker/Attic

\*Homefront Heroes

##### **FAMILY LIFE**

Parenting Skills & Topics

Heart Link New Spouse Orientation\*

Bereavement Packages

Micro-Seminars/Workshops on the Run

##### **AIR FORCE AID SOCIETY/PFR**

Emergency Financial Assistance\*

Personal Finances/Budgeting

First Termers' Classes\*

Home/Car Buying/Investing 101

##### **READINESS**

Disaster Support

Emergency Family Assistance Center

Pre-Deployment Briefings

Deployment & Remote Tour Support

Reunion & Reintegration Services

##### **RESOURCE CENTER**

Lending Library

Phones/FAX/Copy Machine

8 Computers/Internet

Maps/Newspapers

Parents' Place

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## Churches in the Portsmouth Area Seacoast Clergy

Reverend Angelo Pappas St Nicholas Greek Orthodox Church 40 Andrew Jarvis Drive Portsmouth, NH 03801 603-436-5301	Pastor Deborah Shipp First United Methodist Church 129 Miller Ave Portsmouth, NH 03801 (603) 436-6038
Reverend Linda Downing Bethel Assembly of God 200 Chase Drive Portsmouth, NH 03801 (603) 436-8815	Pastor Donald Gum Calvary Baptist Church 472 Ocean Road Portsmouth, NH 03801 (603) 436-7736
Rabbi David Mark Temple Israel 200 State Street Portsmouth, NH 03801 (603) 436-5301	Reverend Dawn Shippee North Church of Portsmouth United Church of Christ (UCC) 355 Spinney Road Portsmouth, NH 03801 (603) 436-9109
Reverend Fritz Cerullo St Mary's Catholic Church 25 Third Street Dover, NH 03820 (603) 742-2619	Reverend Doctor Arthur Hilson New Hope Baptist Church 263 Peverly Hill Road Portsmouth, NH 03801 (603) 436-3551
Reverend Nancy Talbot First Parish Congregational Church 218 Central Ave Dover, NH 03820 (603) 742-5664	Reverend Robert Ervin St Thomas Episcopal Church 5 Hale Street Dover, NH 03820 (603) 742-3155
Immaculate Conception 98 Summer Street Portsmouth, NH 03801 Phone: 603 436-0048	St James Church 2075 Lafayette Rd Portsmouth NH 03801 Phone: 603 436-4555
Islamic Society of the Seacoast Area PO Box 873 13 Jenkins CT Durham, NH 03824 Phone: 603 750-4060	

## Housing Options & Information

### 1 Portsmouth Naval Shipyard

(7 miles or about 12 minutes from Pease ANGB)

- Personal Property Processing Office:
  - Tel # 207-438-2807

- Navy Gateway Inn & Suites – (207)-438-1513

Single housing is very limited. (When ships are in port priority goes to the Navy/Coast Guard that are mission essential to the shipyard.) There are openings but availability changes on a daily bases.

- Rooms available (E-4 & below, normally E-5 and above received BAH so they can be housed off base.)
  - 9 Suites
  - 56 Standard Rooms (When a ship is in port many are used as “boat rooms”)
- Price:
  - \$56.00/Single (or couple) for Standard Room
  - \$66.00 for Suite
- Amenities:
  - Each Room: Microwave, refrigerator, TV/DVD/Cable, Wireless internet.
  - Boat Rooms have a Kitchen on each floor
  - Housekeeping Mon-Fri.

- Family Housing (Balfour Beatty Communities) [www.housing.navy.mil](http://www.housing.navy.mil) & [www.nsyportsmouthhomes.com](http://www.nsyportsmouthhomes.com)

- Navy Housing Office located off of the Shipyard – 67 Philbrick Avenue
- Maintain a data base of available rentals in the local community and refer to Balfour Beatty Communities homes
- Number of available homes changes daily – There are currently 14 homes available.
- Must be in active duty status to qualify.
- Maximum rent equals BAH
- Total: 223 Units
  - 194 Enlisted houses – Admiralty Village
  - 29 Officer houses – located on the Shipyard
- Units included are: 84 3-bedroom units; 44 4-bedroom units; 66 2-bedroom units.

- Single Housing at the on-base housing:

The houses can be rented to single service members – the price would be divided by the number of members residing in the quarters (based on the number of bedrooms).

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- Schools: [kitteryschools.org](http://kitteryschools.org)
  - K-2 Mitchell School
  - 3-5 Frisbee School
  - 6-8 Shapleigh School
  - 9-12 Traip Academy
- Base Childcare Center
  - After School Care
  - Summer Programs
  - In-home childcare

### **Portsmouth Naval Shipyard Housing Application:**

If you are hoping to obtain military housing at the Portsmouth Naval Shipyard Housing, you are eligible to fill out your application to have your name placed on the waiting list once you have received your PCS orders to Pease.

Go to: <http://www.housing.navy.mil/onestop/> - and follow the following steps

Go to "one stop" "start here"

Click on the state of Maine (ME)

Choose NSY Portsmouth (Portsmouth Naval Shipyard)

Once at the PSNY Housing site, in the upper left corner you can go to military housing. From there you will find the application and all the info you should need to sign up and get on the waiting list for housing.

Or go to community housing for off base options.

For additional assistance call: 207-438-2732

## **2 Hanscom Air Force Base**

(60 Miles or 1 hour driving time from Pease ANGB) (Transportation Incentive Program)

- Personal Property Processing Office:
  - Tel # 781-377-5330
- Temporary Lodging – Hanscom Inn
  - Persons in PCS In status are authorized 30 days in Temporary Lodging Facilities Reservations can be made by calling the Hanscom Inn at (781) 377-2112 or DSN 478-2112. Reservation requests can be faxed to (781) 377-4961 or DSN 478-4961. Reservations can also be made via the Internet at: [HanscomInn@hanscom.af.mil](mailto:HanscomInn@hanscom.af.mil). Single Housing
- Family Housing – The Landings at Hanscom
  - (781) 861-5062  
To apply for housing go to:  
<http://hanscom.pinnaclefamilyhousing.com/incoming/documents.aspx> Once Housing Application is completed please fax to 781-274-7717 along with a copy of your orders.



- Schools
  - Lincoln School – on base primary and middle school (K-8)
  - Bedford High School
- Childcare- Child Development Center-
  - School Age Program
  - Family Childcare Program
  - Returning Home Care (Deployment Childcare Program)
  - Extended Duty Care
  - Summer Camp Programs
- Veterinary Treatment Facility. DEERS-eligible military personnel are entitled to use the Veterinary Treatment Facility here on base. Vaccinations, health certificates and sick-call services are available by appointment only during clinic days. We also have parasite testing and control services and products for sale. (781) 377-3266. Hours: Mon.-Wed. and Fri., 9 a.m. to 3:30 p.m.

### **3 Brunswick NAS, Maine**

(Estimated Time: 1 hour 30 minutes or Estimated Distance: 83.44 miles)

**4 Local Housing (on the economy):** Information can be obtained by contacting the Carolyn at the Portsmouth Naval Housing Office at: (207)-438-2732.

## **Military Medical Facilities**

### **1. Portsmouth Naval Shipyard** (7 miles or about 12 minutes from Pease ANGB)

All active duty members attached to Pease ANGB are required to use the facilities at Portsmouth Naval Shipyard Branch Health Clinic. The Clinic Offers services such as: laboratory, radiology, pharmacy, primary care, occupational medicine, dental, audiology, optometry, immunizations, social work, and physical therapy.

**Clinic Hours of Operation:** 7:00 to 4:30 Monday through Friday.  
Closed for all federal holidays.

**Phone Numbers are:**

The appointment hotline is (888) 628-9633,

Rx refill hotline is (877) 211-1126

Phone number to the Duty office at the clinic is (207) 438-2380,

Primary care directly is (207) 438-1781 or (207) 438-1950.

**Exception Family Member Programs POCs:**

- Julie Hill 207-438-2774
- HM1 Gray 207-438-2450

### **2. Hanscom Air Force Base – Active duty members and their families.**

- out patient medical
- out patient dental
- occupational therapy
- environmental health
- wellness services

**Exceptional Family Member Program POC:**

- SRA Rivera – 781-377-9832

### **3. TRICARE North**

**Phone:** 1-877-874-2273.

**Location:** The TRICARE office is located on Pease Tradeport @ One New Hampshire Ave, Suite 105

**Hour of operations:** Mon - Fri 0800-1630 1-877-874-2273

### **4. US Family Health Plan (Tricare Options) – Main office located on Pease Tradeport which includes a clinic.**

- Martins Point – a Tricare Prime Provider. They use facilities as throughout New Hampshire, Maine, Vermont, and New York.  
<http://www.usfhp.org/newsite/portal/martinspoint/default.asp>

- Brighton Marine – Tricare Prime Provider. They use facilities in Massachussets.  
<http://www.usfhp.org/newsite/portal/brightonmarine/default.asp>

## **VA Medical Clinics and Medical Facilities**

### **Manchester VA Medical Center**

718 Smyth Road

Manchester, NH 03104

Phone: (603) 624-4366

<http://www2.va.gov/directory/guide/facility.asp?ID=81&dnum=All>

### **VA Clinic - Portsmouth Outpatient Clinic**

Pease International Tradeport

302 Newmarket Street

Portsmouth, NH 03803

Phone: 603-624-4366 ext. 5500

### **Manchester Vet Center**

103 Liberty St.

Manchester, NH 03104

Phone: (603)-668-7060

<http://www2.va.gov/directory/guide/facility.asp?ID=422&dnum=All>

### **Additional NH VA Medical Facilities:**

<http://www2.va.gov/directory/guide/state.asp?State=NH&dnum=ALL>

**Civilian Medical Information**  
(Tricare Doctor listing done separate listing)  
<http://www.tricare.mil/mybenefit/home/Medical/FindingAProvider>

**Local Physicians, Hospitals, Clinics, and Medical Facilities**

**Portsmouth Hospital**

333 Borthwick Avenue  
Portsmouth, NH 04801  
(603)-433-5110

<http://www.portsmouthhospital.com>

**Elliot Hospital**

One Elliot Way  
Manchester, NH 03103  
(603)-669-5300

<http://www.elliethospital.org/>

**Frisbie Memorial Hospital**

11 Whitehall Road  
Rochester, NH 03867  
Phone 603.332.5211

<http://www.frisbiehospital.com/>

**Hampstead Hospital**

218 East Road  
Hamstead, NH 03841  
(603)-329-5311

<http://www.hampsteadhospital.com/>

**Exeter Hospital**

5 Alumni Drive  
Exeter, New Hampshire 03833  
(603) 778-7311

<http://www.exeterhospital.com/>

**Wentworth-Douglass Hospital**

789 Central Avenue, Dover, NH  
03820

Phone: 603-742-5252

<http://www.wdhospital.com/>

**Additional New Hampshire Hospital Information:**

<http://theagapecenter.com/Hospitals/New-Hampshire.htm>

**York Hospital**

15 Hospital Drive  
York, Maine 03909

<http://www.yorkhospital.com/facilities.cfm>

**Berwick Medical Facilities**

3 Dana Drive  
Berwick, ME 03901  
(207) 698-6700

[http://www.yorkhospital.com/facilities\\_berwick.cfm](http://www.yorkhospital.com/facilities_berwick.cfm)

**Wells Regional Hospital**

112-114 Sanford Road  
Wells, Maine 04090  
(207) 646-5211

[http://www.yorkhospital.com/facilities\\_wells.cfm](http://www.yorkhospital.com/facilities_wells.cfm)

**Additional Maine Hospitals:**

<http://theagapecenter.com/Hospitals/Maine.htm>



**New Hampshire Dentists**  
**(United Concordia - <http://www.tricare dental program.com>)**  
(Portsmouth, NH)

**Cho, Eugene, DMD**  
1600 Woodbury Ave.  
Portsmouth, NH 03801

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Phone: (603) 431-1030  
Fax: (603) 610-0539  
Gender: M

**David, Henry R., DDS**  
1600 Woodbury Ave.  
Portsmouth, NH 03801

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Phone: (603) 431-1030  
Fax: (603) 610-0539  
Gender: M

**Devaney, William J., DMD**  
Ste 2  
230 Lafayette Rd.  
Portsmouth, NH 03801

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Phone: (603) 436-7603  
Fax: (603) 436-3477  
Gender: M

**Dinnerman, Peter M., DMD**  
134 Middle St.  
Portsmouth, NH 03801

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Phone: (603) 436-0535  
Fax: (603) 436-4091

**Fishbein, James S., DDS**  
2456 Lafayette Rd.  
Portsmouth, NH 03801

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Phone: (603) 436-9908  
Fax: (603) 436-1354  
Gender: M

**Kempton, Christopher W., DDS**  
100 Campus Dr.  
Portsmouth, NH 03801

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Phone: (603) 422-8208  
Gender: M

**Kempton, Christopher W., DDS**  
1600 Woodbury Ave.  
Portsmouth, NH 03801

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Phone: (603) 431-1030  
Fax: (603) 610-0539  
Gender: M

**Mekawy, Nourhan, DDS**  
1600 Woodbury Ave.  
Portsmouth, NH 03801

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Phone: (603) 431-1030  
Fax: (603) 610-0539  
Gender: M

**Park, Young Chan, DMD**  
1600 Woodbury Ave.  
Portsmouth, NH 03801

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Phone: (603) 431-1030  
Fax: (603) 610-0539  
Gender: M

**Rajavelu, Kavitha, DDS**  
1600 Woodbury Ave.  
Portsmouth, NH 03801

Phone: (603) 431-1030  
Fax: (603) 610-0539  
Gender: F

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**Santana Paine, Carmen V., DMD**

Ste 215  
14 Manchester Sq  
Portsmouth, NH 03801

Phone: (603) 610-8765

Fax: (603) 610-8766

Gender: F

Languages Spoken:  
SPANISH

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**Smith, Karl J., DDS**

1600 Woodbury Ave.  
Portsmouth, NH 03801

Phone: (603) 431-1030

Fax: (603) 610-0539

Gender: M

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**William J. Devaney DMD**

Ste 2  
230 Lafayette Rd.  
Portsmouth, NH 03801

Phone: (603) 436-7603

## **New Hampshire Public Schools**

### **New Hampshire Department of Education**

Website: <http://www.ed.state.nh.us/education/index.htm>

Telephone: (603) 271-3494

### **Map of School Administrative Units in NH:**

<http://www.ed.state.nh.us/education/doe/SAUmap.pdf>

### **NH School Listing:**

<http://www.ed.state.nh.us/education/doe/SchoolList.asp>

### **Approved Private Schools:**

<http://www.directorynh.com/NHEducation-Instruction/NHPrivateSchools.html>

### **New Hampshire Christian Schools**

<http://www.directorynh.com/NHChurches-Religion/NHReligiousSchools.html>

#### **SAU # 5**

(Serving Madbury, Durham and Lee)

Oyster River Cooperative School District

[www.orcsd.org/or/](http://www.orcsd.org/or/)

#### **SAU # 11**

(Serving Dover Schools)

Dover School Districts

Telephone: (603)-516- 6800

[www.dover.k12.nh.us](http://www.dover.k12.nh.us)

### **School Administrative Units (SAU)**

#### **SAU # 14**

Epping School Districts

Telephone: (603)-679-8003

[www.sau14.org](http://www.sau14.org)

#### **SAU # 16**

(Serving Brentwood, Exeter, East Kingston, Stratham, Newfields, and Kensington, and Exeter Regional School District)

Exeter School District

Telephone: (603) 775-8400

[www.sau16.org](http://www.sau16.org)

#### **SAU # 21**

(Hampton, Hampton Falls, North Hampton, South Hampton, Seabrook and Winnacunnet Cooperative Schools)

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Telephone: 603.926.8992

[www.sau21.k12.nh.us](http://www.sau21.k12.nh.us)

**SAU # 31**

Newmarket School District

[www.newmarket.k12.nh.us](http://www.newmarket.k12.nh.us)

Telephone: (603) 659-5020

**SAU #44**

**(Serving Northwood, Nottingham and Strafford School Districts)**

Telephone: (603) 942-1290

<http://www.sau44.org/>

Nottingham Elementary School (SAU 44)

[www.nottingham.k12.nh.us](http://www.nottingham.k12.nh.us)

Northwood Elementary School

[www.northwood.k12.nh.us](http://www.northwood.k12.nh.us)

**Portsmouth School District**

(Serving Portsmouth, Newington, New Castle, Greenland, and Rye)

Telephone: (603)-431-6753 -

<http://www.cityofportsmouth.com/school/index.htm>

**Barrington Elementary School**

Telephone: (603) 664-2715

[www.barrington.k12.nh.us](http://www.barrington.k12.nh.us)

**SAU # 56**

(Serving Somersworth and Rollinsford)

Somersworth School District

[www.sau56.org](http://www.sau56.org)

Telephone: (603) 692-4450

**SAU # 93**

603-887-3621

Chester Academy (#20500)

22 Murphy Dr.

Chester, NH 03036-8108

**Maine Public Schools**

**Maine Education Website:**

<http://www.maine.gov/education/schools/schoolspublic.htm>

**Maine School Administrative District (MSAD)**

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**MSAD # 34**

(Serving Eliot and South Berwick)

Telephone: 207-439-2438

<http://www.msad35.net/?q=AboutUs>

**MSAD # 60**

(Servicing Lebanon and North Berwick)

Telephone: 207-676-2234

<http://www.sad60.k12.me.us/>

**Kittery School District**

Telephone: 207- 475-1334

<http://www.kitteryschools.org/>

**York School District**

(Serving York, York Beach, York Harbor, and Cape Neddick)

Telephone: 207-363-3404

<http://www.yorkschoools.org/>

## Pease Local Childcare

**Hanscom Air Force Base:** If applicable, have you contacted the Child Development Center here to inquire about the child care waiting list? (DSN 478-7166) or (781)377-7166. Did you know you may be entitled to 20 hours of FREE CHILD CARE both here and at your destination? Call your Relocation Staff for more info.

**Portsmouth Naval Shipyard:** For information on the childcare programs offered at the shipyard – go to:

<https://gol.persnet.navy.mil/CYPWeb/Web/Programs/Programs.aspx>

Pick Option: US Mid-Atlantic

Then Choose: Portsmouth Naval Shipyard, ME

or call 207-438-2083

**Portsmouth Naval Shipyard SAC (School Age Children)/Youth Program**  
(affiliated with the Boys & Girls Clubs of America and 4-H Clubs)

Building H-10 (next to the Naval Clinic)

PNS, Kittery, ME 03904

DSN: 684-2114 (207) 438-2114

SAC Hours: M-F 0630-1700

Open Recreation hours: Varied evenings and Saturdays during summer.

The School Age Care and Youth Programs located on Portsmouth Naval Shipyard provide opportunities for children K-18 years to enrich their personal growth and enhance their self esteem. Eligible members include school age children of active duty military members, DoD civilians, and Contractors working with the military.

We are Accredited through the National Afterschool Association and have exceeded high standards for safety and quality programming. We are affiliated with the Boys & Girls Clubs of America and as such are able to offer Teen programming and Clubs that develop leadership skills. Our programs and outings are supervised by well trained youth development professionals. We have a caring staff that gives special attention to the needs of older youth.

Our programs offer diversified activities based on the physical, emotional, cultural and social needs and interests of youth and teens. We recognize the importance of developmental principles including character and leadership, education and career development, and health and life skills.

**Before and/ or After School Care:** Convenient bus transportation is provided to/from Kittery schools and we provide activities on Kittery 1/2 day and no school day schedules (including snow days). Often we are able to accommodate other schools if children are registered in advance. Do you live in an adjacent town and

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want transportation for your child to our program? Contact us at (207) 438-2114 and we will discuss your situation for our fall schedule.

**School Vacation care and Snow Days:**

- We are open 6:30 until 5:00 weekdays during both Maine and NH school vacation weeks.

**Summer Camp:** We are currently registering children ages 6-14 for our summer program, which runs for 10 weeks beginning June 29. This outdoor program includes fine arts activities, games, sports, field trips, Clubs and time to socialize with friends. Light breakfast and snacks are provided. This year's highlights include a week of drama as the entire camp is trained by the Missoula Children's Theatre to put on two productions of "Beauty Lou and the Country Beast". They will be held on July 30 and August 1<sup>st</sup>. Field trips to Splashtown, a Sea Dogs game and Wallis Sands State Park are also among those scheduled.

**Open Recreation:**

- We are looking forward to opening our "Clubhouse" area for Teens in July. This area includes a variety of activities including a full drum set, electric guitar, sound and recording system, classical guitars and many other instruments for "jamming". Internet access is monitored by staff, and other activities including Wii and foosball will be available in the Clubhouse.
- Check our schedule for Teen activities and evening open recreation activities.
- Bowling for Teens will start up in July for only \$1. per string.
- Keystone Club is for 14 – 18 year olds and is a chartered leadership and service club run by teens for teens.

Should you have any questions about our programs please contact us at (207) 438-2114 or DSN 684-2114 for more information. A Child Development Center for young infants through preschool is also located in a separate building on the Shipyard.

## **Veterinarian Clinics, Emergency Hospitals, and Kennels**

### **Emergency Animal Hospitals**

**Veterinary & Emergency  
Surgery Hospital of Brentwood**  
168 Crawley Falls Road  
Brentwood, NH 03833  
<http://www.veshnh.com/index.htm>  
!

**Plaistow-Kingston Animal  
Medical Center**  
48 Route 125,  
Kingston, NH 03848  
603-642-9700

Veterinarians

**Central Park Veterinary  
Hospital**  
459 High St, Somersworth, NH  
(603) 742-1203

**Dover Veterinary Hospital**  
96 Durham Rd.  
Dover, NH 03820-4278  
<http://www.dovervet.com/>

**Broadview Animal Hospital**  
134 Ten Rod Road  
Rochester, NH 03867  
603-335-2120  
<http://www.broadviewvet.com>

**Wadleighs Falls Veterinary  
Clinic**  
8 Campground Road  
Lee, NH 03824  
(603) 659-3755  
[www.wadleighsfallsvet.com](http://www.wadleighsfallsvet.com)

**VCA Animal Medical Center**  
1550 Woodbury Avenue  
Portsmouth, NH 03801  
Telephone: 603-436-4922  
[http://www.vcaanimalmedicalnh.c  
om/](http://www.vcaanimalmedicalnh.com/)

## Shelters and Kennels

### **The Barking Dog**

7 Beech Hill Road  
Exeter, NH 03833  
(603)-773-2275  
<http://www.thebarkingdog.com>

### **Thee Privileged Pet**

915 US Route One  
York, Maine 03909  
(207)-363-5700  
<http://theprivilegedpet.com>

### **Bittersweet Kennels**

12 Main Street  
Newfield, NH 03856  
<http://www.bittersweetkennel.com/home.nxg>

### **Cappas Kennels**

6 Page Road  
Kingston, NH 03848  
(603)-642-8811

### **Barkley's Place Kennels**

8 Ray Avenue  
Newton, NH 03858  
603-382-2502  
[www.barkleysplacekennel.com](http://www.barkleysplacekennel.com)

### **NHSPCA**

104 Portsmouth Avenue  
Stratham, NH  
(603)-772-2921  
[www.NHSPCA.org](http://www.NHSPCA.org)

## Hanscom Air Force Base Local Kennels

<b>Bedford, MA</b>	
Kennel Name:	Crestview Kennels
Address:	187 South Road
Phone:	7810275-7188 or 8144

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City:	<b>Bedford, MA</b>
Kennel Name:	Canine Corners
Address:	40R North Rd.
Phone:	781-861-0206
Notes:	Please call in advance.

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City:	<b>Chelmsford, MA</b>
Kennel Name:	Countryside Veterinary Hospital
Address:	289 Littleton Road
Phone:	978-256-9555
Company URL:	<a href="http://www.cvhonline.com/">http://www.cvhonline.com/</a>

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City:	<b>Lexington, MA</b>
Kennel Name:	Lexington/Bedford Vet Hospital
Address:	476 Bedford Street
Phone:	781-862-3670
Notes:	Please call in advance.

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City:	<b>Sudbury, MA</b>
Kennel Name:	Best Friends Pet Resort & Salon
Address:	150 Boston Post Road
Phone:	978-443-2351
Company URL:	<a href="http://www.bestfriendspetcare.com">http://www.bestfriendspetcare.com</a>
Notes:	For other MA location, call 800-FOR-PETS

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City:	<b>Tyngsboro, MA</b>
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Kennel Name:	Best Friends Pet Resort & Salon
Address:	394 Middlesex Road
Phone:	978-649-1078
Company URL:	<a href="http://www.bestfriendspetcare.com">http://www.bestfriendspetcare.com</a>
Notes:	For other MA location, call 800-FOR-PETS

## Commissary and Base Exchange Facilities

- Pease Air National Guard AAFES Base Exchange

Store Hours:

Monday - Saturday - 9 a.m. to 5 p.m. (Sunday and Monday – Closed starting APRIL 01 09) Open Sunday Guard weekend – 9 a.m. to 5 p.m.  
Store Manager, (603) 436-0302, Fax 603 334 6115

Shop on line at [www.aafes.com](http://www.aafes.com) <<http://www.aafes.com/>>

Weekly savings at [www.aafes.com](http://www.aafes.com) <<http://www.aafes.com/>> click find save.  
Ask for STAR CARD EXCLUSIVE REWARDS and TAKE IT HOME TODAY programs

- Navy Exchange  
Portsmouth Naval Shipyard  
(7 miles or about 12 minutes from Pease ANGB)
- Portsmouth Naval Shipyard Commissary  
([www.commissaries.com](http://www.commissaries.com) for details under store locator)

Store Hours:

Sunday and Monday - Closed  
Tuesday, Thursday and Friday - 10 a.m. to 7 p.m.  
Wednesday and Saturday - 9 a.m. to 6 p.m.  
Commissary Manager, (207) 438-4848

- Hanscom AFB AAFES Base Exchange  
(60 Miles or 1 hour driving time from Pease ANGB)  
Store Hours:  
Mon thru Sat 0900-1900  
Sun 1100-1700

- Hanscom AFB Commissary  
Griffiss Street, Hanscom AFB, MA 01731-6290  
Store Phone: 781-377-4210/DSN: 478-4210  
Store Hours: Tuesday thru Fri Open from 9-8  
(Early bird shopping for 15 items or less Tuesday – thru  
Friday 7:30 15 or less)  
Sat 8-7; Sun 10-6, Monday closed  
Hanscom Air Force Base  
(60 Miles or 1 hour driving time from Pease ANGB)



## MWR Facilities

1. **New Boston Air Force Satellite Tracking Station (NBAFSTS) and Recreation Area.** *PLEASE NOTE – CURRENTLY THE FACILITY IS CLOSED DUE TO ORDANANCE REMOVAL – HOWEVER THEIR EQUIPMENT RENTAL AND RV STORAGE IS STILL AVAILABLE.*

317 CHESTNUT HILL RD  
NEW BOSTON, NH 03070  
(603) 471-2234

[23sops.mwr@newboston.af.mil](mailto:23sops.mwr@newboston.af.mil)

Please note: You need a Military ID Card as well as a Valid Driver's License, Registration and Proof of Insurance to gain access to New Boston Air Force Station.

*Welcome to the Air Force's "Best Kept Secret."* The natural beauty of the station compliment the many Outdoor Recreation Programs we offer. The campground is by far the greatest attraction. Thousands of acres of camping, fishing, hiking and boating are available in the back area. Joe English Hill caters spectacular views, on a clear day one can even make out the Prudential Building 50 miles south in Boston, Massachusetts. New Boston AFS offers many varieties of camping for every aptitude. Tent camping is available in remote wooded areas which lie alongside streams and ponds. In the center of the campground you can find our Improved Sites. These sites offer water and electric hookups. Cabins and trailers offer a more comfortable and relaxing option with all the amenities of home. ***Also Offering a RV Storage Lot.***

### Featuring Camping facilities

Full Hook-ups  
Waterfront sites  
Tent Sites  
Swimming Areas  
Picnic Areas  
Hot Showers  
Boat Rentals

Trailer Rentals  
Fishing  
Dump Station  
Ice-Firewood-Bait  
Convenience Store  
Playground  
Basketball/Volleyball

### Other Campground Features:

Waterfront sites  
Playground  
Travel trailer rentals  
Convenience store  
Fresh water ponds for swimming

Basketball/Volleyball courts  
Showers  
Boat rentals

## Vehicle Registration Information

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**State of New Hampshire:** Go to:

<http://www.nh.gov/safety/divisions/dmv/driverlic/index.html>

New Hampshire is a “state income tax free” state and if you would like to change your residency then you should do the following:

1. Obtain your NH residency (rent or own).
2. Bring your lease or mortgage paperwork to NH Department of Motor Vehicle (DMV).
3. Acquire a driver's license. (By signing the Drivers License Application you agree to become a state resident.)
4. Change your “home of record” State with the Hanscom Finance Office.
5. Go to your local City Hall to register your car and pay the taxes on your car bring the form from Finance showing that you are indeed a NH resident.

**Non-Resident Vehicle Registration - State of New Hampshire**

To register in the State of NH as a non-resident, active duty military member, you will need to submit a completed Affidavit of Non-residency form. The affidavit must be signed by your commanding officer or a representative of the legal office. In order to claim the excise tax exemption you must be stationed in the State of NH when registering your vehicle. You can pick up an Affidavit at the NH DMV Registration office.

**Vehicle Inspection:**

NH has one of the strictest State inspection requirements in the nation! Once a vehicle has been properly registered (see above), a first time registration has 30 days to get inspected.

Inspection is completed at any participating (non-state owned) vehicle maintenance facility. They are recognized by the display of a white sign, with green lettering, stating they are an “official State of NH inspection station”, and the price for inspection.

An annual inspection must take place in the birth month of the primary registered owner. (There is a 10 day grace period into the next month)

**State of Maine:** Go to: <http://www.maine.gov/sos/bmv/>

## **Non-Resident Vehicle Registration - State of Maine**

### **Instruction Sheet – New Registration; Non-resident Military Personnel**

The following information is provided as guidelines on how to register your vehicle for the first time in the State of Maine. Please contact the Registration Unit of the Bureau of Motor Vehicles to request a “**Non-resident Military New Registration Package**”. The telephone number is: 207-624-9000, Ext. 52149.

To register in the State of Maine as a non-resident, active duty military member, you will need to submit a completed **MV-7 Affidavit form** or **Non-resident Military Affidavit**. The affidavit must be signed by your commanding officer or a representative of the legal office. This form must be notarized. **In order to claim the excise tax exemption you must be stationed in the State of Maine when registering your vehicle.** The MV-7 Affidavit can be downloaded from the BMV website's forms page at: <http://mainegov-images.informe.org/sos/bmv/forms/activedutyexciseexemption.pdf>

In addition to the affidavit of non-residency, you will need to submit a **photocopy of your current military ID card**, as well as the below mentioned motor vehicle forms.

#### **Forms Completion:**

**Registration Application:** Upon receipt of your registration packet, please complete the highlighted areas of the white registration application, including the reverse side of the form.

#### **Sales Tax:**

. **New Vehicle – Out-of- state purchase:** complete and sign the enclosed yellow Use Tax Certificate. Maine sales Tax is 5% of the purchase price of the vehicle (new sale). You must enclose a bill of sale from the prior owner or dealership.

. **Vehicle previously registered in your name:** If the vehicle has been registered in your name in another state, please submit a copy of your registration to accompany the enclosed yellow sales tax form. No sales tax will be due when providing a copy of the prior registration in your name;

. **New Vehicle – Purchased from a Maine Dealer;** please forward the Green Dealer Certificate provided to you at time of purchase of the new vehicle.

**Application for Maine Title:** If your vehicle is 1993 or newer, you will be required to complete a Maine title application, MVT-2.

. **New Vehicle – Out-of-State purchase:** complete the application for title (MVT-2) and submit it with the prior title or if a new vehicle, the original certificate of origin (MSO).

. Vehicle Previously registered in your name: complete the application for title (MVT-2) and surrender the original out-of-state title. If you have a lien holder, please provide the complete lien holder information, as a Maine title will be sent to the lien holder to replace the current title.

. New Vehicle – Purchased from a Maine Dealer: when purchasing a vehicle from a Maine Dealer, the dealer is required to process your title application. Please submit the blue title application or a photocopy of the title application (MVT-2) provided to you from the Maine Dealer.

**Insurance:** Evidence of current insurance is required at the time of registration. We will accept photocopies of insurance cards. The vehicle being registered must be clearly identified.

**State of Maine:** Go to: <http://www.maine.gov/sos/bmv/>

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. **Vehicle previously registered in your name:** If the vehicle has been registered in your name in another state, please submit a copy of your registration to accompany the enclosed yellow sales tax form. No sales tax will be due when providing a copy of the prior registration in your name;

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**Insurance:** Evidence of current insurance is required at the time of registration. We will accept photocopies of insurance cards. The vehicle being registered must be clearly identified.



## Pease Military Organizations

### **Air Force Sergeants Association:**

Chapter 155 & A155 "Portsmouth by the Sea"

P. O. Box 422, Dover, NH 03821-0422

WebSite: [www.afsa155.org](http://www.afsa155.org)

**Meetings are held:** 2nd Tuesday of the month at 1630

**Location:** Pease ANGB, Bldg. 16, Commander's Conference room.

### **POC's:**

Richard Dolbec, President C155 603-740-1417

Anne Sowers, President A155

### **Missions End, Inc.**

*Pease Air National Guard Base*

The Missions End, Inc, is established as a "not for profit", membership only, corporate entity, operated and directed by the Air National Guard family at Pease ANG Base as a benevolent organization to provide facilities, equipment, and services to authorized members.

The objectives of the Corporation are to provide such facilities, equipment, or services within its resources, and to conduct such recreational and social activities for its members as are or may be considered necessary and proper by the Board of Directors and approved by the Air Commander, Pease Air National Guard Base, NH, hereinafter referred to as the Commander; and are not otherwise prohibited by law or authoritative directive. The Board of Directors consists of no more than 20 members and elect the officers as the Board. All officers shall be members of the Board of Directors. The regular officers of the corporation are: President; Vice President; Treasurer; and Secretary.

**POC:** MSgt Tammy La Kemper

**Phone:** 603-430-2530

### **Minuteman Fund:**

The Minuteman Fund is a nonprofit organization which strives to provide for the morale, welfare and recreation of members of the New Hampshire Air National Guard in order to create and maintain a high morale and state of well-being for the mission completion of the New Hampshire Air National Guard. This is very challenging during the high demanding times that are being placed on the organization.

**Meetings are held:** Tuesday before each drill from 11:00 to 12:00.

**Location:** In the Building 16, Upstairs Conference Room

**POC's:** Michael Ploof, (603)-430-3169/Norma Long, (603)-430-3507

### **NHANG Enlisted Council:**

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***Mission Statement:*** “A unified voice promoting the interests of New Hampshire’s enlisted force for the benefit of all.”

Each element of the NHANG has 2 members assigned as voting members. Any member in the ranks below SMSgt and below are welcome to attend our meetings as open participants.

***Meetings are held:*** Our meeting times will be announce in each months Refueler (Wing newsletter).

***POC:*** Daric B. Buttrick, TSgt, NHANG Enlisted Council President  
Contact Info: [daric.buttrick@ang.af.mil](mailto:daric.buttrick@ang.af.mil)

### **NH Air National Guard Chiefs Group**

***Mission Statement:*** To capture the leadership and experience of Chief Master Sergeants assigned to Pease Air National Guard Base, New Hampshire. Chiefs will collectively strive to maintain cohesiveness with the enlisted corps through mentorship, professionalism and integrity.

***Meeting times:*** Sunday of drill weekends at 0900

***Location:*** Bldg 149 (Missions End)

***POC:*** CMSgt Joseph T. Flockerzi, CMSgt,  
Telephone number: (603) 430-3422

### **NH Air National Guard First Sergeants Group:**

***Mission statement:*** A team of First Sergeants committed to working together for continuity of programs that will be fair, efficient, and equitable for all personnel assigned to the New Hampshire Air National Guard (NHANG).

***Meeting Times:*** Saturday of Drill Weekends (UTA), 1200hrs.

***Location:*** Building 145, 1<sup>st</sup> Floor, CE’s conference room

***Chairperson:*** SMSgt Carolyn Chute-Festervan  
Telephone: 603-430-3224 or DSN: 852.3224

## Youth Opportunities Available Through the local Military Installations

- Civil Air Patrol, Seacoast Composite Squadron

P.O. Box 1324, Bldg 252

Pease ANG Base

Portsmouth, NH 03801

Their website is: <http://www.seacoastsquadron.net/>

Welcome to the Seacoast Composite Squadron (NH-010). Originally formed as the "Black Cat Squadron" in 1941, Seacoast Composite Squadron is the oldest continuously manned squadron in CAP. Our squadron patch proudly displays a vintage Stinson in original CAP yellow paint scheme dropping a bomb on a German U-boat outside Portsmouth Harbor - home to the Portsmouth Naval Shipyard-during World War II.

"Seacoast" is a composite squadron, which means that we have Senior Members (Adult Officers and NCOs) as well as Cadets. Regular squadron meetings are held on Thursday evenings and training is normally done on the 2nd Saturday of each month.

Based in Building 252 at Pease Air National Guard base (formerly Pease AFB, home of the 509th BMW) in Newington, New Hampshire. Pease ANG base is currently home to the KC-135s of the 157th ARW. The members of Seacoast squadron are proud and honored to share facilities with them, as well as thankful for all their support over the years.

Through Civil Air Patrol's Cadet Program, young people develop leadership skills, investigate the fundamentals of aerospace science, acquire the habit of exercising regularly, solidify their character, and participate in exciting hands-on activities that prepare them to become responsible citizens.

Youth between the ages of 12-18 may join the CAP Cadet Program and remain in cadet status until they turn 21. Middle school students may join before turning 12, if their school participates in the CAP School Program.

- Operation Military Kids (OMK)

For details contact Bonnie Rice, WFPC (603)-430-3545

Their website is: [http://extension.unh.edu/4H/4H\\_OMK.htm](http://extension.unh.edu/4H/4H_OMK.htm)

When National Guard, Reserve, and other military families living in civilian communities become mobilized, their children experience the stress of being a military kid. These children have unique needs for special support and services, even though they still "look the same" to their friends and community.

- OMK collaborates with groups across the state to provide sustainable local support services to military youth before, during, and after their family members are deployed.

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- OMK creates networks of support for the military children and connects them with other military and non-military youth through a variety of recreational, social and educational programs.
- OMK works to raise community awareness and foster understanding about the impact of the deployment cycle on the military member, family, child and larger community.
- OMK organizations act as resources for military children/families for things like summer camps, after school programs, youth councils, and more.

## Local (Pease) Community Information

- **American Red Cross – Great Bay Chapter**

273 Corporate Dr

Portsmouth, NH 03801

Phone: (603) 766-5440 Fax: (603) 766-5445

Their website is: <http://www.greatbayredcross.org/>

The Great Bay Chapter of the American Red Cross services members assigned to Pease AFB. The Services to Armed Forces (SAF) Program is available 24/7 to send and receive emergency messages between you and your family members. To initiate an emergency message, call 1- 603-766-5440.

To help prevent and prepare for emergencies, the American Red Cross provides health and safety awareness and education. They offer a wide range of health and safety courses, including CPR, First Aid, HIV/AIDS awareness, Pet First Aid, lifeguard and swimming instruction. They also offer Babysitter training, Basic Aid training and other youth-oriented programs. Call for a schedule of classes.

In keeping with the spirit of their mission, the American Red Cross trains volunteers to be prepared to respond in times of disaster. The Red Cross responds to many types of emergencies, including residential fires and tornadoes. Find out how you can help those with immediate, disaster-caused needs. Become a disaster volunteer and be prepared to respond.

- **Greater Portsmouth Chamber of Commerce:**

<http://www.portsmouthchamber.org/>

The Greater Portsmouth Chamber of Commerce operates a year-round Visitor Information Center at our 500 Market Street address, and an information kiosk in downtown Market Square, open May-October. Stop in, give us a call at (603) 436-3988, or E-mail [info@portsmouthchamber.org](mailto:info@portsmouthchamber.org) for more information. Our knowledgeable staff & volunteers will be happy to assist you, and offer our Guide to the Seacoast and other visitor & relocation guides. We also offer a Lodging Assistance Board with direct lines to area accommodations, and an internet station for access to online resources.

The Chamber also offers guided walking tours of the historic Portsmouth Harbour Trail, step-on guide services for bus tours, and seasonal guided tours on the local Seacoast Trolleys. All tours highlight the area's maritime history, working waterfront, and historic homes - and pass by the downtown shops and restaurants.

- **Families First**

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100 Campus Drive, Suite 12  
Portsmouth, NH 03801  
(603) 422-8208 phone  
Their website: <http://www.familiesfirstseacoast.org/>

Regardless of the makeup of your family, the Families First Family Center is a comfortable, safe place to meet with other parents, enjoy your children and get new skills and confidence as a parent. Parenting classes and support groups meet in our Parent Room - a living-room setting - while right next door, children play and learn in a state-of-the-art Children's Room with its own adjoining playground. Child care is free while parents attend programs; advance signup is needed. In addition to these group programs, Families First also provides individualized support, often in the home, for families facing special challenges. Please call 603-422-8208 (press 2) for more information.

Families First provides "one-stop shopping" for a broad range of healthcare and family services. To find out more about primary care for men, women and children of all ages, prenatal care; on-site dental care; mobile healthcare for the homeless, and many parenting and family programs, please visit our website [www.familiesfirstseacoast.org](http://www.familiesfirstseacoast.org).



## Local (Pease) Family Attractions

### 1. Strawberry Banke Museum

P.O. Box 300  
Portsmouth, NH 03820-4370  
General Inquiries: [info@strawberrybanke.org](mailto:info@strawberrybanke.org)  
Telephone: (603) 433-1100  
Their website: <http://www.strawberrybanke.org/>

Strawbery Banke is about connecting with the past. Visitors to Strawberry Banke have the opportunity to experience and imagine how people lived and worked in this typical American neighborhood throughout four centuries of history. Through its restored houses, its featured exhibits, its historic landscapes and gardens, and its interpretive programs, Strawberry Banke tells the stories of the many generations who settled in the Portsmouth, NH, community from the late 17th to the mid-20th century.

Significantly, this site was rescued from the poorly conceived urban renewal policies of the 1950s by conscientious, far sighted citizens. Always maintaining its grass roots origins, there has been no single benefactor underwriting its existence. Strawberry Banke has relied upon and continues to rely upon the accurately depicts the history of immigrants transforming themselves into a community of American citizens.

Strawbery Banke tells these stories today by preserving an actual community where visitors can connect with the past; serving as a resource for educators, community; and providing a gathering space for the present day Portsmouth community.

We invite you to come find YOUR place in the unfolding story of America. We look forward to your visit to Strawberry Banke!

### 2. Portsmouth Children's Museum:

280 Marcy Street  
Portsmouth, NH  
(603) 436-3853  
Their website: <http://www.childrens-museum.org/>

Learn about the arts and sciences through our engaging exhibits, which encourage a child's natural curiosity and sense of wonder. Discounted tickets are available at the Portsmouth Naval Shipyard (PSNY) MWR/ITT Office.

## Local (Pease) Families and Youth Recreation and Theatre

### 1. Seacoast Family YMCA — Main Facility

550 Peverly Hill Road, Portsmouth, NH 03801

Tel.: 603.431.2334 Facility E-mail: [info@seacoastymca.org](mailto:info@seacoastymca.org)

Their website: <http://www.seacoastymca.org/mem.html>

The Seacoast YMCA which is located 5 minutes from Pease ANGB has the following opportunities for both single Airmen and Airmen with families:

- Olympic size pool (86 degrees!)
- Outdoor pool
- Camp Gundalow (12 acres on the Winnicut River)
- Fitness Center with Cybex equipment
- Aerobics/gymnastics center
- Basketball court
- 2 Playgrounds
- At least 2 family swims daily
- Aerobics, Pilates
- Kickboxing, Bootcamp
- Yoga
- Fitness Orientations
- Water Aerobics
- Lap Swims
- Fitness Center
- Babysitting with small fee
- Parent/Child Dip

### 2. Pease Golf Course: Pease Golf Course is a 27-hole facility located in Portsmouth, NH. Take a minute to visit [www.pease27.com](http://www.pease27.com) for a chance to win free rounds of golf. Pease is available to host any size group or fundraiser. For more information on booking an event, call 603-766-9215. The Seacoast's most affordable golf

200 Grafton Dr., Portsmouth, NH 03801

Phone: 603-433-1331

Their website: <http://www.peasegolf.com/home/default.aspx>

### 3. Prescott Park Arts Festival

P.O. Box 4370

Portsmouth, NH 03802-4370

603.436.2848

Email: [info@prescottpark.org](mailto:info@prescottpark.org)

Their website: <http://www.prescottpark.org/>

For over 34 years the, the Prescott Parks Arts Festival has successfully presented the arts to over 3 million people in more than 9,000 productions with no fixed admission. (\$5 dollar donation is suggested) Because of this policy, many people have their first experience with a live performance at Prescott Park. Come out an enjoy the spectacuar season for a venue of art, music, theater, and dance!

Education/theatre academy: We believe that every child has an innate sense of creativity and imagination. Our Summer Theatre Academy is geared toward developing confidence and advancing performance skills so that every child can be a star. Students will not only learn theatrical skills as they participate in the rehearsal process, but also enjoy the excitement of performing on stage in front of a live audience.

#### **4. Seacoast Repertory Theatre**

125 Bow Street

Portsmouth, NH 03801

The website: <http://www.seacoastrep.org/>

Welcome to where the magic happens! Comedy, drama, musical or mystery - the Rep has it all! Seacoast Repertory Theatre is a community gathering place, a resource where our community comes together to share entertainment and stories; it is a place for reflection on life, and a place for celebrating the essence and hope of humanity. Locally and regionally, people plan their summers around our productions and travel to the Seacoast to experience our work. In the winter our year-round subscribers engage in a dialogue around compelling and high quality work including packed pre-show symposiums and post-show discussions. The local community has ownership of the theatre as a vital component of its social fabric and the transient community supports the theatre for the dynamic, provocative and yet entertaining element to their summers and weekends.

We create memorable moments for audience members and build bridges between people by the shared experience of our productions. We provide significant opportunities for youth in our area to explore the power of theatre and use that power to improve their lives and prepare them to be successful, contributing members of our community. We do this through presenting a season of plays and a program of theatre education which is entertaining, provocative and creative with the highest artistic quality. Our investment in early career artists results in established artists returning to the Rep to share their experience and reconnect with the theatre that gave them their start. Our Senior Moments program provides our community's seniors the artistic platform to create new work of and about their generation.

#### **5. New Hampshire Theatre Project**

959 Islington Street Portsmouth, NH 03801

(603) 433-3996 [info@nhtheatreproject.org](mailto:info@nhtheatreproject.org)

Their website is: <http://nhtheatreproject.org/>

Incorporated in 1988, New Hampshire Theatre Project is a 501(c)3 non-profit organization dedicated to artistic excellence, bringing high quality productions of classical and contemporary drama to the community through our professional season, the NHTP Youth Repertory Company, and our educational programs for all ages.

6. Pontine Theatre

Pontine / West End Studio Theatre

959 Islington Street, Portsmouth, NH 03801

Voice: 603-436-6660

Send your comments by e-mail: [info@pontine.org](mailto:info@pontine.org)

Their website is: <http://www.pontine.org/html/contact.html>

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**The State of New Hampshire  
"The Granite State"  
Information**

**The State of New Hampshire –**

Their website is: <http://www.nh.gov/>

**Christa McAuliffe Planetarium**

2 Institute Dr., Concord, NH 03301

Phone: 603-271-7827

Web: <http://www.starhop.com>

New England's most technologically advanced planetarium theater helps you experience astronomy and space science at a whole new level.

**State of New Hampshire Parks**

Their website is: <http://www.nhstateparks.org/>

New Hampshire State Parks provide a variety of recreational opportunities for all ages and abilities, and offer year-round recreation fun for the whole family! The fun includes: Camping; snowmobiling; cross country skiing; swimming; hiking; boating biking; hunting; fishing; ATV's; and equestrian.

Over 18 state recognized **campgrounds**.

Their website is:

<http://www.nhstateparks.org/state-parks/campgrounds/alphabetical-order.aspx>

Over 22 State **beaches**:

Their website is:

<http://www.nhstateparks.org/state-parks/state-beaches/alphabetical-order.aspx>

Over 20 **ski resorts** in the state of New Hampshire

Their websites can be located at: <http://winter.skinh.com/>

New Hampshire has over 90 **golf courses**:

Their websites can be located at:

<http://www.visitnh.gov/what-to-do/sports/golf.aspx>

**Motor Sports**

New Hampshire has over a dozen motorsports race tracks, but the crown jewel is Loudon's New Hampshire Motor Speedway. More than 90,000 fans attend when the "Magic Mile" hosts New England's only NASCAR Sprint Cup races - and millions more view the action on national television.

NHMS also hosts the Loudon Classic, the nation's oldest professional motorcycle race, professional and amateur motor sports, bicycle racing, driving and racing schools, soap box derby trials, and numerous other amateur activities.

**NASCAR Information:**

Contact New Hampshire Motor Speedway at 603-783-4931 or visit

[www.nhms.com](http://www.nhms.com). (Discounted tickets available at PSNY MWR/ITT.)

Motorsports in NH Websites can be found at: <http://www.visitnh.gov/what-to-do/sports/motor-sports.aspx>

## **New Hampshire has four minor leagues sporting teams to include:**

### **New Hampshire Fisher Cats:**

The Fisher Cats, the Double-A Eastern League affiliate of the Toronto Blue Jays, is New Hampshire's only Major League Affiliated baseball team. MerchantsAuto.com Stadium offers a dramatic view of both the Merrimack River and the downtown Manchester skyline

### **Nashua Pride:**

Since the Nashua Pride brought professional baseball back to New Hampshire in 1998, more than 150 players have stepped onto the field at Historic Holman Stadium. This includes five men who have returned to the major leagues (Milt Cuyler, Joe Grahe, Felix Jose, Curtis Pride, and Mitch Meluskey), as well as two who went on to make their big league debuts after leaving town (James Lofton and Brendan Donnelly).

### **Manchester Monarchs:**

The Manchester Monarchs is the primary American Hockey League affiliate of the Los Angeles Kings. Home games are at the Verizon Wireless Arena on Elm Street in Manchester.

### **Manchester Wolves:**

The Manchester Wolves is a professional arena football team, based at the Verizon Wireless Arena in Manchester. The Wolves play in the East Division of the American Conference of the af2 league, which is the minor league of the Arena Football League.

The state also has a number of other **professional and Collegiate leagues**: Concord has the [Concord Quarry Dogs](#) NECBL Baseball; Hudson has the [NH Phantoms](#) Professional Soccer; and Keene has the [Keene Swampbats](#) - NECBL Baseball

The website is: <http://www.visitnh.gov/what-to-do/sports/minor-league-sports.aspx>

**Horse and greyhound racing** are enjoyed at four of New Hampshire tracks.

The website is: <http://www.visitnh.gov/what-to-do/sports/horseracing.aspx>

**For additional tourist attractions in New Hampshire go to:**

<http://www.visitnh.gov/what-to-do/key-attractions/>

## **Entertainment:**

**The Whittemore Arena** (Located just 15 minutes from Pease)  
128 Main Street

Durham, NH 03824

Their website: <http://www.whittemorecenter.com/>

The Whittemore Center Arena is a \$30 million multi-purpose arena that opened in November 1995. Located on the University of New Hampshire campus in Durham, the Arena is home to the nationally ranked UNH Wildcats ice hockey program. A versatile venue, The Whit can accommodate a number of seating arrangements for different events. For example, the capacity for an athletic game is approximately 6,100, while certain types of concerts can seat up to 7,500.

The Arena draws on a captive audience that encompasses three states, six counties and over 1.3 million people within a 45-mile radius. Each year, over a quarter of a million patrons are entertained at over a hundred athletic events, popular music concerts, family and trade shows such as the following:

- Concerts with Bob Dylan, Jewel, Matchbox 20, Willie Nelson, The Black Crowes, Pink, Dave Matthews, and Tim McGraw
- Trade shows and exhibitions such as the Seacoast Home & Garden Show, MotorPsycho Madness, and the Alternative Health & Wellness Expo
- Family shows including Champions on Ice, the Harlem Globetrotters, and the U.S. Hot Rod Thunder Nationals
- Broadway performances of Cats and Jesus Christ Superstar
- Special events like The Boston Pops, Bill Cosby, and the 2000 NH Republican Fundraising Dinner
- Thrilling UNH Wildcats games and the NHIAA State Championships

### **The Verizon Wireless Arena Verizon Wireless Arena**

555 Elm Street

Manchester, NH 03101

(603) 644-5000

Their website is: <http://www.verizonwirelessarena.com/>

The ground breaking for the Verizon Wireless Arena took place in April 2000, and took nearly one and a half years to complete the facility. On November 15, 2001, we celebrated the grand opening of the Verizon Wireless Arena. The Manchester Monarchs, of the American Hockey League, played their first home game on November 16, and Aerosmith performed the following night.

Seating capacity for the Verizon Wireless Arena varies, depending upon each individual event. For example, hockey games seat approximately 10,019, basketball seats 11,140 people, end stage concerts hold about 10,050, while center stage concerts seat about 11,770.

### **Meadowbrook Cellular Pavilion**

72 Meadowbrook Lane

Gilford, NH 03247

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Their website is: <http://www.meadowbrook.net/>

The Meadowbrook U.S. Cellular Pavilion, on the shores of beautiful Lake Winnepesaukee, in Gilford, New Hampshire, started as a vision on a grass field in the middle of a tree farm. We have since evolved into northern New England's premier summer concert venue. Now, with the addition of the Eastern Propane Winter Concert Series in our newly-renovated Center Stage Cafe, Meadowbrook is the all-season entertainment connection

## **New Hampshire Colleges, Universities and Continuing Education**

### **New Hampshire Community Colleges**

Campus locations:

Their website: <http://www.nhctc.edu/>

### **Great Bay Community College**

320 Corporate Drive

Portsmouth NH 03801 –

603.427.7600 Toll Free in NH - 1.800.522.1194

Their Website: <http://www.greatbay.edu/index.html>

### **University of New Hampshire – (Durham)**

Durham, NH 03824

For UNH main directory dial 603-862-1234.

Their website: <http://www.unh.edu/>

### **University of New Hampshire (UNH Manchester)**

400 Commerical Street

Manchester, NH 03101

(603) 641-4101

Their website: <http://unhm.unh.edu/>

### **University of New Hampshire Continuing Education**

Classes offered at the Pease International Tradeport, Durham Campus and also Manchester, NH

(603) 862-2015

Email: [continuing.education@unh.edu](mailto:continuing.education@unh.edu)

Their website: <http://www.learn.unh.edu/>

### **Daniel Webster College**

20 University Drive

Nashua, NH 03063

(800)-325-6876

Their website: [http://www.dwc.edu/about/quick\\_facts.shtml](http://www.dwc.edu/about/quick_facts.shtml)

### **Chester College of New England**

40 Chester Street

Chester, New Hampshire 03036

Their website: <https://www.chestercollege.edu/contactus.php?pageID=9>

### **Colby Sawyer College**

541 Main Street

New London, NH 03257

(603)-526-3000

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Their website: <http://www.colby-sawyer.edu/>

Antioch University New England  
40 Avon Street, Keene, NH 03431-3516  
800-553-8920

Their website: <http://www.antiochne.edu/>

Dartmouth College  
Hanover, NH 03755 USA  
(603) 646-1110 (voice)  
contact@dartmouth.edu

Their website: <http://www.dartmouth.edu/>

Franklin Pierce University  
40 University Drive  
Rindge, NH 03461-0060  
Their website: <http://www.franklinpierce.edu/>

Franklin Pierce Law Center  
Two White Street, Concord, NH 03301  
(603) 228-1541  
Their website: <http://www.fplc.edu/>

Granite State College (Member of the Air University Associate  
to Baccalaureate Cooperative, AU-ABC.)  
8 Old Suncook Road, Concord, NH 03301  
603-228-3000 or 888-228-3000  
Their website: <http://www.granite.edu/>

Keene State College  
229 Main St.  
Keene, New Hampshire 03435  
1-800-KSC-1909  
Their website: <http://www.keene.edu/>

Magdalen College  
511 Kearsarge Mountain Road  
Warner, NH 03278  
877-498-1723  
<http://www.magdalen.edu/>

New England College  
98 Bridge Street, Henniker, NH 03242  
603-428-2000  
Their website: <http://www.nec.edu/>

Plymouth State University

17 High Street.  
Plymouth, New Hampshire 03264-1595  
(603) 535-5000  
Their website is: <http://www.plymouth.edu/>  
Rivier College, A Catholic College in Nashua, NH  
420 South Main Street · Nashua, NH 03060 · 1.800.44.RIVIER · (603) 888-1311  
Their website is: <http://www.rivier.edu/>

Saint Anselm College, 100 Saint Anselm Drive, Manchester, NH 03102  
Phone: (603) 641-7000  
Their website is: <http://www.anselm.edu/>

Southern New Hampshire University  
2500 N. River Road  
Manchester, NH, 03106  
800-668-1249  
Their website is: <http://www.snhu.edu/>

The Thomas More College of Liberal Arts  
Six Manchester Street, Merrimack, NH 03054  
phone (603) 880-8308 | fax (603) 880-9280 | [info@thomasmorecollege.edu](mailto:info@thomasmorecollege.edu)  
Their website is:  
<http://www.thomasmorecollege.edu/thomasmorecollege.edu/http://www.thomasmorecollege.edu>

Hesser College  
New Hampshire Campus Locations:  
Portsmouth, Salem, Manchester, Concord, Nashua,  
Their website is: <http://www.hesser.edu/HesserCollegePortal/CurrentStudents/>

Seacoast Career Schools  
At the Jefferson Mill Building  
670 North Commercial Street  
Manchester , NH 03101  
P: (603) 624-7222 / F: (603) 624-2727  
Their website is:  
[http://www.seacoastcareerschools.edu/Campuses\\_Programs/Manchester/17/](http://www.seacoastcareerschools.edu/Campuses_Programs/Manchester/17/)

## Local Adult Education Resources

- Brenda S. Gagne, Director  
Noble Adult & Community Education  
388 Somersworth Road  
North Berwick, Maine 03906  
(207) 676-3223

## Local Media

**Newspapers:** (<http://www.50states.com/news/newhamp.htm>)

Portsmouth Herald: <http://www.seacoastonline.com/>

Fosters Daily News: <http://www.fosters.com/>

The Union Leader: <http://www.theunionleader.com/>

**Television Stations:**

<http://www.officialusa.com/stateguides/media/television/states/newhampshire.html>

WMUR Channel 9 News: [www.wmur.com/](http://www.wmur.com/)

New England Cable News (NECN): <http://www.necn.com/>

WNDS TV 50: [mytvstation.tv](http://mytvstation.tv)

**Radio Stations:** <http://www.shgresources.com/nh/radio/>

## **Helpful websites:**

Housing and Relocation Website Info:

Community Housing Information Links:

<http://www.housing.navy.mil/onestop/menus/OtherTopics.aspx?mid=13717&rid=61991>

BAH Rate Calculator

<http://www.defensetravel.dod.mil/perdiem/bah.html>

When PCSing - Listing your house for rent or sale:

<http://www.housing.navy.mil/onestop/menus/OtherTopics.aspx?mid=13717&rid=61991>

## **Pease Local Area:**

Pease Air National Guard Base - <http://www.nhpeas.ang.af.mil/>

Portsmouth Naval Shipyard - <http://www.ports.navy.mil/FFR/>

Portsmouth Naval Shipyard – Monthly Newsletter -

<http://www.ports.navy.mil/FFR/currents.pdf>

Hanscom Air Force Base Webpage – <http://www.hanscom.af.mil/>

Hanscom Air Force Base – Services - <http://www.hanscomservices.com/>

American Red Cross - <http://www.redcross.org/index.html>

## **New Hampshire Websites of interest:**

State of New Hampshire –

The Official Web Site of New Hampshire State Government - <http://www.nh.gov/>

Welcome to New Hampshire - <http://www.visitnh.gov/>

NH State Veterans Council - <http://www.nh.gov/nhveterans/bene.html>

University of New Hampshire – Cooperative Extension - <http://extension.unh.edu/>

NH Operation Military Kids - [http://extension.unh.edu/4H/4H\\_OMK.htm](http://extension.unh.edu/4H/4H_OMK.htm)

## **PCS/Relocation/Moving Assistance:**

Military Homefront “Plan my Move” – (including “Moving 101” and “Benefits and Entitlements” information)

[http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF\\_HOME\\_1?section\\_id=20.40.500.398.0.0.0.0](http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOME_1?section_id=20.40.500.398.0.0.0.0)

Military OneSource – Moving – [www.Militaryonesource.com](http://www.Militaryonesource.com)

The Automated Housing Referral Network (AHRN.com) is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military members and their families. -

<https://www.ahrn.com/index.php>

Cost of Living Calculator: A report shows national average salaries adjusted by location. Get personalized answers with a Personal Salary Preview.  
[http://seacoastonline.salary.com/CostOfLivingWizard/layoutscripts/coll\\_start.asp](http://seacoastonline.salary.com/CostOfLivingWizard/layoutscripts/coll_start.asp)

BAH Rates: <http://perdiem.hqda.pentagon.mil/perdiem/bah.html>

Military Compensation:

Pay and Allowances at: <http://www.defenselink.mil/militarypay/pay/index.html> discusses the basic elements of what is considered the military equivalent of private sector salaries, referred to as RMC, or Regular Military Compensation. These include basic pay (including Active Duty and Reserve pay tables), allowances for housing and subsistence, and tax advantage of the tax-free allowances. <http://www.defenselink.mil/militarypay/pay/calc/>

### **Medical:**

TRICARE – Humana Military Healthcare Services - <http://www.humana-military.com/>  
Martin’s Point Healthcare/The US Family Health Plan is a TRICARE Prime option for military beneficiaries. Retirees, their dependents, and the families of active-duty personnel are eligible—even those 65 and over. - <http://www.martinspoint.org/>

Martins Point Handbook\_–(New Hampshire 2<sup>nd</sup> Option for TRICARE Prime)  
[http://www.usfhp.com/martins\\_point\\_files/MemberHandbook03.pdf](http://www.usfhp.com/martins_point_files/MemberHandbook03.pdf)

Tricare Handbook - <http://www.tricare.mil/mybenefit/>

Tricare Prime Remote -  
<http://www.tricare.mil/mybenefit/home/overview/Plans/PrimeRemote>

Tricare Dental Program - United Concordia  
<http://www.tricaredentalprogram.com/tdptws/enrollees/enrollees.jsp>

### **National Guard and Air Force Websites:**

Air Guard Base info - <http://www.ang.af.mil/sites>

National Guard Family Program Webpage – <http://guardfamily.org/>

Air National Guard - <http://www.ang.af.mil/>

Air National Guard Portal Redirection Notice - <https://airguard.ang.af.mil/>

DoD Special Report Website – [www.defenselink.mil/specials](http://www.defenselink.mil/specials)

Air Force Crossroad – [www.afcrossroads.com](http://www.afcrossroads.com)



Air Force Portal - <https://www.my.af.mil/faf/FAF/fafHome.jsp>

National Guard Bureau Publications & Forms Library -  
<http://www.ngbpdcc.ngb.army.mil/>

**Other (including MWR and Recreation) Websites:**

Military Homefront - <http://www.militaryhomefront.dod.mil/>

Military Living: Space A Travel and other useful information -  
<http://militaryliving.com/>

National Military Family Association (NMFA)- To educate military families concerning their rights, benefits and services available to them and to inform them regarding the issues that affect their lives and...To promote and protect the interests of military families by influencing the development and implementation of legislation and policies affecting them. <http://www.nmfa.org/site/PageServer>

USO New England - <http://usonewengland.org/Whatshot.htm#theatre>

U.S. Army MWR -  
<http://www.armymwr.com/portal/travel/lodging/patronlinks/sav.asp>

U.S. Army Family and MWR Command - <http://www.armymwr.com/>

Cape Henry Resort, Fort Story, Virginia. - <http://www.capehenry.com/news.htm>

Commissary Scholarship for Military Youth - <http://www.militaryscholar.org/>

Military.Com – Benefits - <http://www.military.com/benefits/tricare>

Military Living Space A Living - <http://spacea.info/>

Military Wives - <http://www.militarywives.com/>

All the Benefits of the Service - <http://www.military.com/>

Employer Support of the Guard and Reserve – <http://esgr.com/>

Free Federal Handbooks - <http://www.feddesk.com/freehandbooks.htm#twfp>

Military Living (Temporary Military Lodging info)- <http://www.militaryliving.com/>

Shades of Green – Orlando, Florida Military Resort -  
<http://www.shadesofgreen.org/>

Homeland Security Emergency Preparedness - <http://www.ready.gov/>

VFW - <http://www.vfw.org/index.cfm>

Helmets to Hardhats - <http://helmetstohardhats.org/>

Army Reserve Family Program -  
<http://www.arfp.org/skins/ARFP/home.aspx?AllowSSL=true%2ctrue>

Hawaii MWR Info - <http://www.yourmilitaryinhawaii.com/pdf/AirForce.pdf>

PSNY MWR - <http://www.mwrports.com/> or 207-438-2713

Commissary - <http://www.commissaries.com/>

Base Exchange Online - <http://www.aafes.com/>

Boston Military Hotel (Boston) - <http://www.constitutioninn.org/>

Military Support <http://www.operationhomefront.net/nh/index.htm>

Child Care Aid for Military -  
<http://www.naccrra.org/MilitaryPrograms/index.php?program=omcc>

AF Services Home Page - <http://www.afsv.af.mil/>

AF Lodging - <http://www.afsv.af.mil/LD/>

Misc. Travel Services -  
<http://www.afvclub.com/>  
<https://www.aftravelonline.com/>  
<http://www.govarm.com/>  
<http://www.militaryrates.net/>  
<http://www.militaryliving.com>

### **Deployment Support:**

Helping a child prepare for deployment -  
<http://www.militarychild.org/pdfs/DeploymentBooklet.pdf>

### **Veterans Information:**

Department of Veterans Affairs - <http://www.va.gov/>

VA Benefits Booklet - [http://www1.va.gov/OPA/vadocs/current\\_benefits.asp](http://www1.va.gov/OPA/vadocs/current_benefits.asp)

US Department of Labor Employees Benefits Security Administration -  
<http://www.dol.gov/ebsa/>

